

Adam Rocks!

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 2 級數: Improver
編舞者: Liz Rosenblatt (USA) - November 2008
音樂: Let It Rock - Kevin Rudolf & Lil Wayne : (CD: Single)



To my absolutely, delightful, altogether, marvelous son, Adam. You definitely rock! I love you. Xxx Mommy

Stomp Right 2x, Side Shuffle Right, Rock, Turn ¼ Left, Rocks

1-2 Stomp right twice (next to left)
3&4 Side shuffle to right step, right, left, right
5-6 Turn ¼ left and rock left back, recover on right (9:00)
7-8 Rock left forward, recover on right

Shuffle Back, Rock Recover, Shuffle Forward, Rock, Recover

9&10 Shuffle back, left, right, left
11-12 Rock right back, recover on left
13&14 Shuffle forward, right, left, right
15-16 Rock left forward, recover on right

Stomp Left 2x, Side Shuffle Left, Rock, Turn ¼ Right, Rocks

17-18 Stomp left twice
19&20 Left side shuffle, left, right, left
21-22 Turn ¼ right and rock right back, recover on left (12:00)
23-24 Rock, right, forward, recover on left

Shuffle Back, Rock Recover, Shuffle Forward, ½ Turn

25&26 Shuffle back right, left, right
27-28 Rock left back, recover on right
29&30 Shuffle forward left, right, left
31-32 Step right forward, turn ½ left (weight to left, 6:00)

Repeat
