

JN Funk

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate Funky
編舞者: John Ng (SG) - November 2008
音樂: It's Like That (Short Edit) - Run-DMC : (2:00)



Intro: 16 counts on heavy beat

SIDE TOE SWITCHES, HEEL SWITCHES, PIVOT ½ L, STOMP, STOMP

1&2& Touch right toe to right, step right beside left, touch left toe to left, step left beside right
3&4& Touch right heel forward, step right beside left, touch left heel forward, step left beside right
5-6 Step forward on right, pivot ½ turn left
7-8 Stomp forward on right, stomp left beside right

MASH POTATO, BALL STEP, ½ L, ¼ L, TOUCH

&1&2 Swivel both heels out, swivel both heels in placing R slightly behind L, swivel both heels out, swivel both heels in placing L slightly behind R (traveling backwards).
&3&4 Repeat steps &1&2
(Easy option: walk back R,L,RL)
&5-6 Step back on ball of right, step forward on left, ½ turn left step back on right
7-8 ¼ turn left step left to left, touch right toe beside left

(Restart on wall 3 and 6)

KICK CROSS SIDE ROCK, KICK CROSS SIDE ROCK, JAZZ BOX

1&2& Kick right forward, cross right over left, rock left to left, recover onto right
3&4& Kick left forward, cross left over right, rock right to right, recover onto left
5-6 Cross right over left, step back on left
7-8 Step right to right, cross left over right

R TOE STRUT, L TOE STRUT, 4 COUNTS FREESTYLE

1-2 Touch right toe to right diagonally forward, drop right heel down
3-4 Touch left toe to left diagonally forward, drop left heel down (Feet shoulder width apart)
5-8 Freestyle (Do whatever you want)

Suggestion: Hip roll, body roll, wiggle your bump, shoulder pops or just pose with attitude.

REPEAT

RESTART

On wall 3 and 6, dance to count 16, then restart dance.