

# Hang On St Christopher

COPPER KNOB  
BY STEPHEN

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Annette Skaff (CAN) - November 2008  
音樂: Hang On St. Christopher - Rod Stewart : (CD: A Spanner In The Works)



Start dancing on lyrics

## Hip Bumps, Shuffle Forward Right, Hip Bumps, Shuffle Forward Right

1&2      Bump left hip forward, bump right hip back, bump left hip forward stepping on left  
3&4      Shuffle forward right, left, right  
5-8      Repeat counts 1-4

## Rock, Recover, Touch Side, Hold, Left Sailor, Right Sailor

1-2      Rock forward left, recover right  
3-4      Touch left toe to side, hold  
5&6      Cross left behind right, step right to side, step left beside right  
7&8      Cross right behind left, step left to side, step right beside left

**RESTART: from here DURING 2nd sequence**

## Rock Back, Recover, Side Shuffle, ½ Right, Side Shuffle, Rock Back, Recover

1-2      Rock back left, recover right  
3&4      Side shuffle left, right, left  
&5&6      Make a crisp ½ turn right, side shuffle right, left, right  
7-8      Rock back left, recover right

## Vine Left With A Hitch, Toe Switches Right, Left, Right, Hitch

1-4      Step left to side, cross right behind, step left to side, lift right knee

**Option: rolling vine left**

5&6&7-8      Touch right toe to side, step right beside left, touch left toe to side, step left beside right, touch right toe to side, lift right knee

## Cross, Point, Behind Turn Step, Right Knee Roll, Left Knee Roll

1-2      Cross right over left, point left toe to side  
3&4      Cross left behind right, make ¼ turn right stepping on right, step left forward  
5-6      With right toe touching forward roll right knee from left to right stepping on right  
7-8      With left toe touching forward roll left knee from right to left stepping on left

## Rock, Recover, ½ Shuffle Right, Touch Left Toe Forward, Body Roll

1-2      Rock forward right, recover left  
3&4      Shuffle right, left, right making ½ turn right

**Option for counts 3&4: 1 ½ turning shuffle right**

5-8      Touch left toe forward, three count body roll

**Option for counts 5-8: touch left toe forward, hold, dip down, up**

**REPEAT**

**RESTART: Restart AFTER 16 counts DURING the 2nd sequence of the dance**

**TAG: At the END of the 7th sequence (second time at the back wall)**

**Rock Back, Recover, Left Kick Ball Change, Rock Forward Left, Recover, Left Coaster, Rock Forward Right, Recover, Right Coaster**

1-2      Rock back left, recover  
3&4      Kick left forward, step on left, step right beside left

5-6 Rock forward left, recover right  
7&8 Step back left, step right beside left, step forward left

9-10 Rock forward right, recover left  
11&12 Step back right, step left beside right, step forward right

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