

One Last Kiss

拍數: 0 牆數: 1 級數: Phrased Improver
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音樂: One Last Kiss - Billy "Crash" Craddock



Start on "Kiss"

Dance Sequence: AA BB A BB A B

A Section: 32 Bts; B Section 16 Bts

Section A

Step Lock, Shuffle X 2

1,2,3&4 Step R foot fwd lock L behind R, step fwd on R, step L together, step fwd on R
5,6,7&8 Step L foot fwd, lock R behind L, step fwd on L, step R together, step fwd on L.

Side Rock And Sailor Step X 2

1,2,3&4 Rock R foot to R side and recover on L, step R behind L step on L to side, step on R.
5,6. 7&8 Rock L foot to L side recover on R, step L behind R, step on R to side, step on L

Step Back, Step Fwd, Fwd ,Point, Fwd Point

1-6 Step back on R foot, step fwd on L (recover) Step fwd on R, point L toe to side step fwd on L,
point R toe to side.

Cross Rock, Shuffle 2 Half Turns

1,2,3&4 Cross R foot over L foot recover on L and shuffle R,L,R in a half turn to back
5&6 Then shuffle L,R,L in a half turn to front (full circle). Make sure weight is on R foot after
shuffle. (refer to first heading on how to do shuffle)

Hip Sways

1-4 Do four hip sways R hip, L hip, R hip L hip.

Section B

Vine - Figure Of Eight

1 -12 Step R foot to R side, step L behind R, step R to R side with a 1/4 turn Step L fwd 1/2 pivot, L
fwd with a 1/4 turn.

Step R behind L, step to L side with a 1/4 turn, Step R fwd 1/2 pivot, Step R fwd with a 1/4 turn, step L behind R, step R to R side.

Hip Sways

1-4 Sway hips R, L, R, L

Finish dance on Hip Sways of section B (6 Sways- to end of music)