

Rocks In Her Shoes

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Celia Stevens (NZ) - October 2008
音樂: Rocks In Her Shoes - Emily West



Intro: 16 Count Intro, Feet together weight even.

(1-8) TRAVELLING APPLEJACK R, HEEL & CROSS, SIDE-ROCK-CROSS.

1,2 Fan both heels apart, Fan R toe to right & fan L heel to right,
3,4 Fan R heel to right & fan L toe to right, Fan R toe to right & fan L heel to right
5&6 Touch L heel forward at 45`degrees, Step L foot back, Step R foot over left
7&8 Step L foot to left, Step R foot in place, Step L foot over right.

Option - (instead of applejacks) twist both feet together Heel, Toe, Heel, Heel dig.

(9-16) SIDE-ROCK-CROSS, TAP-SCOOT, BACK L-R, COASTER BACK, STEP FWD.

1&2 Step R foot to right, Step L foot in place, Step R foot over left,
3& Tap L toe behind right heel, Scoot (hop) back on R
4,5 Step back on L, Step back on R
6&7 Step L back, Step R beside left, Step L forward
8# Step R forward. (RESTART: ** Step R beside left)

(17-24) FWD SHUFFLE L-R-L, PIVOT ½ L, TURN ½ ½ SHUFFLE FWD R-L-R.

1&2 Step forward on L, Step R beside left, Step forward on L,
3,4 Step forward on R, Pivot ½ turn left weight ending on L (facing 6:00),
5,6 Turn ½ turn left stepping R back, Turn ½ turn left stepping L forward (end facing 6:00),
7&8 Step forward on R, Step L beside right, Step forward on R.

(25-32) ROCK/REPLACE, ¾ SAILOR-CROSS, STEP, ½ SAILOR-CROSS, STOMP.

1,2 Step forward on L, Recover on R (facing 6:00),
3& Turn ½ turn left crossing L behind right, Turn ¼ turn left stepping R to right (facing 9:00)
4,5 Cross step L over right, Step R to right
6& Turn ¼ turn left crossing L behind right, Turn ¼ turn left stepping R to right (facing 3:00)
7,8 Cross step L over right, Step R beside left.
32 S tart again, Enjoy!

RESTART: On w all 4 Dance up to count 16(#) stepping R beside left then restart from the beginning of the dance facing 9:00