

Caramel

拍數: 64 牆數: 4 級數: Improver
編舞者: Louise Elfvengren (NOR) - November 2008
音樂: Caramelldansen (Speedycake Remix) - Caramell



Start at vocals.

Section 1: HIP BUMPS, VINE TO THE RIGHT, TOUCH

- 1-4 Sway, right, left, right, left (holding arms up)
5-8 Step right to right side, cross left behind right, step right to right side, touch left next to right.

Section 2: HIP BUMPS, VINE TO THE LEFT, TOUCH & CLAP

- 1-4 Sway, left, right, left, right (holding arms up)
5-8 Step left to left side, cross right behind left, step left to left side, touch right next to left and clap your hands.

Section 3: STEP LOCK STEP, STEP TURN STEP ½ RIGHT

- 1-4 Step right forward, lock left behind right, step right forward, hold
5-8 Step left forward, turn ½ to the right, step left forward, hold

Section 4: STEP LOCK STEP, STEP TURN STEP ¼ RIGHT AND CROSS

- 1-4 Step right forward, lock left behind right, step right forward, hold
5-8 Step left forward, turn ¼ to the right, cross left over right, hold.

Section 5: VINE RIGHT – VINE LEFT

- 1-4 Step right to right side, cross left behind right, step right to right side
5-8 Step left to left side, cross right behind left, step left to left side

Section 6: 3 HIP BUMPS, HITCH WITH ¼ TURN LEFT, 4 HIP BUMPS

- 1-4 Sway right, left right, turn ¼ left while putting weight on left foot and hitch right leg
5-8 Sway right, left, right, left

Section 7: TOESTRUT BACK, TURN ¼ LEFT WITH TOESTRUT, STEP LOCK STEP

- 1-4 Step back on the ball of right foot, put down the weight on the heel, Turn ¼ left on the ball of left foot, put down the weight on the heel
5-8 Step right forward, lock left behind right, step right forward, hold

Section 8: POINT SIDE x 2, VINE TO THE LEFT

- 1-4 Point left to the side, touch left next to right, point left to the side, touch left next to right.
5-8 Step left to left side, cross right beside left, step left to left side

TAG: 5:th wall, after 32 counts (Section 4) 8 counts,

- 1-8 Sway your hips, arms up, clap your hand on count 2-4-6-8 then CONTINUE with section 5 and dance the rest as usual.