

You Are Miles Away

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate Advanced Cha Cha
編舞者: Rene Madsen (DK) - November 2008
音樂: Miles Away - Madonna : (Album: Hard Candy)



NOTE: 2 restarts on wall 5 and 6 after 32 counts

- &1-2 Step L next to R, Step R to R, Cross Rock L over R
3-4& Recover R Sweep Left around R, ¼ L Step L to L, Step R to R (9.00)
5-6 ¼ L step L forward, Step R forward (6.00)
7-8& ½ R step L back, ¼ R Step R to R, Step L next to Right (3.00)
- 1-2 Step R to R Sway R, Sway L to L
3-4& Sway R to R, Rock L forward, Recover L
5-6 ½ L Step L forward, Rock R Forward, (9.00)
7- 8& Recover L, Cross R behind L, Step L next R
- 1-2 ¼ R Step R Forward, Cross L over R (12.00)
3-4& Unwind ½ R Sweep R, Step R Forward, Recover L (6.00)
5-6 Point R Back, ½ R Place Weight on R(Weight R) (12.00)
7-8& Point L to L, Cross L over L, Step R to R
- 1-2& Cross L over L, ¼ R Rock R forward, Recover L (Lifting R Hips up) (3.00)
3&4& Step R Back, Lift L Hip up, Step L Back, Lift R Hip Up,
5-6 Step R Back, Rock L Back
7-8& Recover R, Step L to L, Step R Next to L
- 1-2 Step L Forward, ¼ L Step R to R, (12.00)
3-4& ¼ L Step L to L Drag R to R, Step R behind L, Step L to L (9.00)
5-6 Cross R over L, Step L to L
7-8& ½ R Step R forward, Step L Forward, Full turn L Cross R over L (3.00)
- 1-2& Step L forward, Rock R forward, Recover L
3-4& Step R Back, Step L Back, Step R next to L
5-6 Step L forward, ½ R Step R forward, (9.00)
7-8& Step L forward, Step R forward, Step L next to R, (Restart)
- 1-2& Step R Forward, Rock L to Left, Recover R
3-4& Cross L over R, Rock R to R, Recover L
5-6 Cross R over L, Step L back
7-8& ½ R Sweep R, Step R Forward, ½ R Step L Back (9.00)
- 1-2 ¼ R Step R to R, Cross Rock L over R (12.00)
3-4& Recover R sweep L, Rock L Behind R, Recover R
5-6 Step L to L, ½ R forward (6.00)
7-8 Full turn R Step L next to R, Step R to R (6.00)

Hey Everyone (Miles away) Have some fun