The Boy Does Nothing

1-2

3-4

5-6

7-8

1-2

3-4

5-6

7-8

1-2 3-4

5-6

7-8

3-4

5-6

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1-2

3-4

5-6 7-8

1-2

3-4

5-6

7-8



拍數: 64 牆數: 2 級數: Easy Intermediate 編舞者: Maria Hennings Hunt (UK) - October 2008 音樂: The Boy Does Nothing - Alesha Dixon: (UK single) Start on the words "Does he wash up" - 64 count intro. (1-8) TAP, STEP, TAP STEP, ROCKING CHAIR Tap right toe forward, step onto right foot Tap left toe forward, step onto left foot Rock forward on right foot, recover weight on left Rock back on right foot, recover weight on left (9-16) STEP 1/4 CROSS, HOLD. WEAVE LEFT Step forward on right foot, turn ¼ left putting weight onto left (9.00) Cross right foot over left, hold Step left foot to side, cross right foot behind left Step left foot to side, cross right foot over left (17-24) LEFT SIDE MAMBO CROSS, HOLD, RIGHT SIDE MAMBO CROSS, HOLD (moving forwards) Rock out to side on left foot, pushing left hip to side, rock back onto right foot Cross left foot over right stepping slightly forwards, hold Rock out to side on right foot, pushing right hip to side, rock back onto left foot Cross right foot over left, stepping slightly forwards, hold (25-32) CROSS ROCK, SIDE ROCK, JAZZ BOX CROSS TURNING 1/4 TO LEFT Rock left foot across right, recover weight onto right foot Rock left foot to left side, recover weight onto right foot Cross left foot over right, step back on right foot Turning 1/4 to left (6.00, step left foot to side, cross right foot over left (33-40) CHASSE LEFT, KICK RIGHT TO DIAGONAL, SIDE CROSS TURN 1/4 LEFT KICK LEFT TO FRONT Step left foot to side, close right foot to left Step left foot to side, kick right towards right diagonal, lean body slightly to face RDF Step right foot to side, cross left foot over right Step 1/4 to left as step right foot back, kick left forwards (3.00) (41-48) BACK MAMBO LEFT, HOLD, RIGHT LOCK STEP, HOLD Rock back on left foot, recover weight on right Step left foot next to right, hold Step right foot forwards, lock left foot behind right Step right foot forwards, hold

(49-56) STEP ½ TURN RIGHT, STEP, HOLD, ROLLING FULL TURN LEFT, STEP (OR RIGHT LOCK STEP,

SIEP)		
1-2	Step forward on left, pivot ½ turn right, stepping onto right foot (9.00)	

3-4 Step forward on left foot, hold

Step back on right foot turning ½ to left, step forward on left foot turning ½ to left 5-6

Step forward on right foot, step forward on left foot

* ALTERNATIVE COUNTS 5-8 FOR NON TURNERS:

Step forward on right foot, lock left foot behind right 5-6 7-8 Step forward on right foot, step forward on left foot

(57-64) JAZZ BOX X 2 - COMPLETING A ¾ TO RIGHT

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1-2	Cross right foot over left starting to turn slightly to right, step back on left foot	
3-4	Step right foot to side still turning slightly to right, step left foot forward	
5-6	Cross right foot over left, still turning slightly to right, step back on left foot	
7-8	Step right foot to side, still turning slightly to right, step left foot forwards to complete 3/4 turn (6.00)	

Styling on last 8 counts – roll your hips backwards and then forwards in two anticlockwise circles – like samba rolls- but on the spot

REPEAT