

# Look At You Now

拍數: 96      牆數: 4      級數: Intermediate  
編舞者: Gordon Elliott (AUS) - October 2008  
音樂: Look At You Now - Mark O'shea



## Introduction: 32 Heavy Beats

### Stomp, Clap, Stomp, Clap, Shuffle Forward, Pivot Turn

1-4            Stomp R Forward, Hold & Clap, Stomp R Forward, Hold & Clap,  
5&6            Shuffle Forward Step: R-L-R,  
7,8            Pivot: Step L Forward, Turn 180° Left Take Weight Onto L.

### Stomp, Clap, Stomp, Clap, Shuffle Forward, Pivot Turn

1-4            Stomp L Forward, Hold & Clap, Stomp L Forward, Hold & Clap,  
5&6            Shuffle Forward Step: L-R-L,  
7,8            Pivot: Step R Forward, Turn 180° Left Take Weight Onto L.

### Kick Ball Cross, Kick Ball Cross, Side, Drag, Shuffle Across

1&2            Kick R At 45° Right, Step R Back, Step L Across In Front Of Right,  
3&4            Kick R At 45° Right, Step R Back, Step L Across In Front Of Right,  
5,6            Step R To The Side, Drag To Step L Together,  
7&8            Shuffle Right Across In Front Of Left Step: R-L-R.

### Kick Ball Cross, Kick Ball Cross, Side, Drag, Shuffle Across

1&2            Kick L At 45° Left, Step L Back, Step R Across In Front Of Left,  
3&4            Kick L At 45° Left, Step L Back, Step R Across In Front Of Left,  
5,6            Step L To The Side, Drag To Step R Together,  
7&8            Shuffle Left Across In Front Of Right Step: L-R-L.

### Forward, Rock, ½ Turn, ½ Turn, Coaster Step, Forward, Forward

1,2            Step R Forward, Rock Back Onto L,  
3,4            Turn 180° Right Step R Forward, Turn 180° Right Step L Back,  
5&6            Coaster: Step R Back, Step L Together, Step R Forward,  
7,8            Step L Forward, Step R Forward.

### Out-Out, Clap, In-Across, Clap, Slow Turn, Bounce, Bounce

&1,2            Step L To The Side, Step R To The Side, Hold & Clap,  
&3,4            Step L To The Centre, Step R Across In Front Of Left, Hold & Clap,  
5-8            Slow Turn 360°left Unwind Legs, Bounce Both Heels, Bounce Both Heels.

### Rocking Chair, Pivot Turn, Paddle Turn

1-4            Step R Forward, Rock Back Onto L, Step R Back, Rock Forward Onto L,  
5,6            Pivot: Step R Forward, Turn 180° Left Take Weight Onto L,  
7,8            Paddle: Step R Forward, Turn 90° Left Take Weight Onto L.

### Jazz Box, Kick & Kick & Kick, Kick

1-4            Step R Across In Front Of Left, Step L Back, Step R To The Side, Step L Forward  
5&            Kick R Across In Front Of Left, Step R Together,  
6&            Kick L Across In Front Of Right, Step L Together,  
7,8            ## Kick R Across In Front Of Left, Kick R Across In Front Of Left.

### Turn, Hold, ½ Turn, Hold, ¼ Side Shuffle, Across, Rock

1-4            Turn 90° Right Step R Forward, Hold, Turn 180° Right Step L Back, Hold,

5&6 Turn 90° Right Side Shuffle To The Right Step: R-L-R,  
7,8 Step L Across In Front Of Right, Rock Onto R.

**¼ Turn, Hold, ½ Turn, Hold, ¼ Side Shuffle, Across, Rock**

1-4 Turn 90° Left Step L Forward, Hold, Turn 180° Left Step R Back, Hold,  
5&6 Turn 90° Left Side Shuffle To The Left Step : L-R-L,  
7,8 Step R Across In Front Of Left, Rock Onto L.

**Side, Together, Shuffle Forward, Side, Together, Shuffle Back**

1,2,3&4 Step R To The Side, Step L Together, Shuffle Forward Step: R-L-R,  
5,6,7&8 Step L To The Side, Step R Together, Shuffle Back Step: L-R-L.

**Touch, ½ Turn, Shuffle Back, Touch, ½ Turn, Coaster Step**

1,2,3&4 Touch R Toe Back, Turn 180° Right Take Weight Onto L, Shuffle Back Step: R-L-R  
5,6 Touch L Toe Back, Turn 180° Left Take Weight Onto R,  
7&8 Coaster: Step L Back, Step R Together, Step L Forward.

**Repeat The Dance In New Direction**

**RESTART: On Wall 3 Dance To Beat 64 ( ## ) Then Restart Facing 9.00**

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