

Alone Without You

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Gordon Elliott (AUS) - October 2008
音樂: Show Me the Meaning of Being Lonely - Backstreet Boys : (CD: Millennium)



Introduction: 16 Beats

Side, Back-Rock, Side, Back-Rock, Forward, Rock- ½ Turn, Pivot Turn &

1,2& Big Step R To The Side, Step L Back, Rock Forward Onto R,
3,4& Big Step L To The Side, Step R Back, Rock Forward Onto L,
5,6& Step R Forward, Rock Back Onto L, Turn 180° Right Step R Forward,
7,8 Pivot: Step L Forward, Turn 180° Right Take Weight Onto R,
& Step L Together.

Side, Rock, Behind-Side-Across, Hip, Hip, Hip-Hip-Hip

1,2 Step R To The Side, Side Rock Onto L,
3& Step R Behind Left, Step L To The Side,
4 Step R Across In Front Of Left,
5,6 Step L To The Side Push Hips Left, Push Hips Right,
7&8 Push Hips Left, Push Hips Right, Push Hips Left.

¼ Turn- ½ Turn-Back, Coaster Step, Forward, Touch & Click, Coaster Step

1&2 Turn 90° Right Step R Forward, Turn 180° Right Step L Back, Step R Back,
3&4 Coaster: Step L Back, Step R Together, Step L Forward,
5,6 Step R Forward, Touch L Toe Together & Click Fingers,
7&8 Coaster: Step L Back, Step R Together, Step L Forward.

Forward, Rock, Back-Lock-Back, ½ Turn-Quick Pivot- ¼ Touch, Hitch

1,2 Step R Forward, Rock Back Onto L,
3&4 Step R Back, Lock L Across In Front Of Right, Step R Back,
5 Turn 180° Left Step L Forward,
6& Quick Pivot: Step R Forward, Turn 180° Left Take Weight Onto L,
7,8 ## Turn 90° Left Touch R Toe To The Side, Hitch R Knee Across Body.

Side-Together-Across, Side- ¼ Turn-Forward, Forward-Lock-Forward, Quick Paddle-Across

1&2 Step R To The Side, Step L Together, Step R Across In Front Of Left,
3&4 Step L To The Side, Turn 90° Right Take Weight Onto R, Step L Forward,
5&6 Step R Forward, Lock L Behind Right, Step R Forward,
7& Quick Paddle: Step L Forward, Turn 90° Right Take Weight Onto R,
8 # Step L Across In Front Of Right.

¼ Turn- ¼ Turn-Across, ¼ Turn- ¼ Turn-Across, Rock, ¼ Turn, ½ Turn- ½ Turn-Touch

1& Turn 90° Left Step R Back, Turn 90° Left Step L To The Side,
2 Step R Across In Front Of Left,
3& Turn 90° Right Step L Back, Turn 90° Right Step R To The Side,
4 Step L Across In Front Of Right,
5,6 Rock Onto R, Turn 90° Left Step L Forward,
7& Turn 180° Left Step R Back, Turn 180° Left Step L Forward,
8 Touch R Toe Together.

Repeat The Dance In New Direction

Restarts: Yes There Are A Lot ... Just Listen To The Song And They Should All Be Ok

On Wall 2 & Wall 5 Dance To Beat 40 (#) Then Restart Facing 9.00 & 12.00 Respectively.

On Wall 4 & Wall 6 Dance To Beat 32 (##) Then Restart Facing 12.00 & 6.00 Respectively.
