

This & That

COPPERKNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Gary Lafferty (UK) - October 2008
音樂: Woman - Mark Chesnutt : (Album: Rollin' With The Flow)



Floor Splits: "One Step Forward"

Intro: 16-count intro

STEP RIGHT , TOUCH , STEP LEFT , TOUCH ; SIDE , TOGETHER , FORWARD , TOUCH

1-2 Step to Right on Right foot , touch Left foot beside Right
3-4 Step to Left on Left foot , touch Right foot beside Left
5-6 Step to Right on Right foot , step on Left foot beside Right
7-8 Step forward on Right foot , touch Left foot beside Right

STEP LEFT , TOUCH , STEP RIGHT , TOUCH ; SIDE , TOGETHER , BACK , FLICK

1-2 Step to Left on Left foot , touch Right foot beside Left
3-4 Step to Right on Right foot , touch Left foot beside Right
5-6 Step to Left on Left foot , step on Right foot beside Left
7-8 Step back on Left foot , flick Right foot forward

RIGHT COASTER STEP , BRUSH ; LEFT STEP-LOCK-STEP , BRUSH

1-2 Step back on Right foot , step on Left foot beside Right
3-4 Step forward on Right foot , brush Left foot forward
5-6 Step forward on Left foot , lock-step Right foot behind Left
7-8 Step forward on Left foot , brush Right foot forward

JAZZBOX with ¼ TURN to RIGHT ; EXTENDED WEAVE

1-2 Cross-step Right foot over Left , step back on Left foot
3-4 Turn ¼ Right stepping forward onto Right foot , cross-step Left foot over Right
5-6 Step to Right on Right foot , cross-step Left foot behind Right
7-8 Step to Right on Right foot , cross-step Left foot over Right
