Chica Bonita



拍數: 48 牆數: 2 級數: Intermediate

編舞者: Ross Brown (ENG) - October 2008

音樂: Chica Bonita - Jody Bernal: (CD: Costa! Latin and Dance Party V3)



Intro: 32 Counts (Approx. 16 Secs)

(CUBAN HIPS) CROSS, SIDE. CROSS SHUFFLE. SIDE ROCK, RECOVER. SAILOR 1/4 TURN.

1-2 Cross step right over left, step left to the left.

3&4 Cross step right over left, close left up to right, cross step right over left.

5-6 Rock left to the left, recover onto right.

7&8 Cross step left behind right, make a 1/4 turn left stepping right next to left, step forward with

left. (9 o'clock)

STEP, PIVOT ½ TURN KICK. COASTER STEP. STEP, PIVOT ½ TURN. KICK, TOUCH.

1-2 Step forward with right, pivot a 1/2 turn left kicking left foot forward. (3 o'clock)

3&4 Step back with left, step right next to left, step forward with left.

5-6 Step forward with right, pivot a 1/2 turn left. (9 o'clock)

7-8 Kick right foot forward, touch right next to left.

KICK 1/4 TURN, SIDE. CROSS SHUFFLE. SIDE ROCK, RECOVER. BEHIND, SIDE, CROSS.

1-2 Make a 1/4 turn right kicking right foot forward, step right to the right. (6 o'clock)

3&4 Cross step left over right, close right up to left, cross step left over right.

5-6 Rock right to the right, recover onto left.

7&8 Cross step right behind left, step left to the left, cross step right over left.

SIDE, HOLD. TOGETHER, SIDE ROCK, RECOVER. TOGETHER, SIDE, HOLD, SIDE ROCK, RECOVER.

1&2 Step left to the left, hold and clap hands twice.

&3-4 Step right next to left, rock left to the left, recover onto right.

&5&6 Step left next to right, step right to the right, hold and clap hands twice,

&7-8 Step left next to right, rock right to the right, recover onto left.

CROSS, BACK. ROCK BACK, RECOVER. SHUFFLE 1/2 TURN. ROCK BACK, RECOVER.

1-2 Cross step right over left, step back with left.

3-4 Rock back with right, recover onto left.

5&6 Shuffle 1/2 turn left stepping; right, left, right. (6 o'clock)

7-8 Rock back with left, recover onto right.

SHUFFLE ½ TURN. SHUFFLE ½ TURN. ROCK FORWARD, RECOVER, BACK, SIDE ROCK, RECOVER.

1&2 Shuffle 1/2 turn right stepping; left, right, left. (12 o'clock)
3&4 Shuffle 1/2 turn right stepping; right, left, right. (6 o'clock)

5-6 Rock forward with left, recover onto right.

7&8 Step back with left, rock right to the right, recover onto left.

End of Dance. Start again and Enjoy!