

# Time Of My Life

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Micaela Svensson Erlandsson (SWE) - October 2008  
音樂: Time Of My Life - Bill Medley & Jennifer Warnes



intro 16 counts

## Shuffle Forward Right, Walk, Walk Shuffle Forward Left, Walk, Walk

1&2      Step forward right. Close left beside right. Step forward right.  
3-4      Walk forward on left with a swivel, walk forward on right with a swivel  
5&6      Step forward left. Close right beside left. Step forward left.  
7-8      Walk forward on right with a swivel, walk forward on left with a swivel

## Scissors Steps (R,L,R) Step, Turn ½ Right, Step

9&10      Step right to right. Step left beside right. Cross right over left.  
11&12      Step left to left. Step right beside left. Cross left over right.  
13&14      Step right to right. Step left beside right. Cross right over left.  
15&16      Step left foot forward, turn ½ right, Step left foot forward.

**RESTART here on wall 5 and 7**

## Scissors Step, Kick Ball Cross, Scissors Step, Kick Ball Cross

17&18      Step right to right. Step left beside right. Cross right over left.  
19&20      Kick left forward. Step left beside right. Cross right over left.  
21&22      Step left to left. Step right beside left. Cross left over right.  
23&24      Kick right forward. Step right beside left. Cross left over right.

## Rock Forward Right, Triple Full Turn Right, Rock Left Forward, Sailor Turn ¼ Left

25-26      Rock forward on right. Rock back onto left.  
27&28      Triple full turn right, stepping - right, left, right.  
29-30      Rock forward on left. Rock back on right.  
31&32      Cross left behind right. Turn ¼ left Step right to right side. Step left to place.

**Option: Replace Full turn with right coaster step. (27&28)**