

Stay With Me

拍數: 48 牆數: 4 級數: Intermediate
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音樂: Let's Stay Together - Al Green



Intro: 16 Count intro, (start on vocals).

Step Fwd On Left, 1/4 Turn Left, Shuffle Fwd X2, Rock Fwd On Right.

1-2 step fwd on left, sweep right out and around, at same time, pivot 1/4 turn left on left,
3&4 shuffle fwd stepping right, left, right,
5&6 shuffle fwd, stepping left, right, left,
7-8 rock fwd on right, recover on left,

Sway Right, Sway Left, Back Rock On Right, Sway Right, Sway Left, Coaster Step

1-2 sway to right side, sway to left side,
3-4 rock back on right, recover on left,
5-6 sway to right side, sway to left side,
7&8 step back on right, step left beside right, step fwd on right,

Lock Step And Shuffle Fwd X2.

1-2 step fwd on left, lock right behind left,
3&4 shuffle fwd, stepping left, right, left,
5-6 step fwd on right, lock left behind right
7&8 shuffle fwd, stepping right, left, right,

Cross Left Over Right, Pivot 1/2 Turn Right, Coaster Step, Walk Fwd X2, Fwd Mambo.

1-2 cross left over right, pivot 1/2 turn right,
3&4 step back on right, step left beside right, step fwd on right
5-6 step fwd on left, step fwd on right,
7&8 step fwd on left, step right beside left, step back on left, transfer weight to right,

Step Back On Left, Tap Right In Front Of Left, Shuffle Fwd, Shuffle Back With 1/4 Turn Right, Coaster Step.

1-2 step back on left, tap right in front of left,
3&4 shuffle fwd, stepping right, left, right,
5&6 shuffle back with 1/4 turn right, stepping left, right, left,
7&8 step back on right, step left beside right, step fwd on right,

Step Fwd, Pivot 1/4 Left, Point Right To Right Side, Cross Mambo, Step Fwd With Hip Rocks X2.

1-2 step fwd on left, pivot a 1/4 turn left on left, and point right toe to right side,
3&4 cross right over left, step left in place, step right beside left,
5&6 step fwd on left, and rock left hip fwd, rock hips back, rock hips fwd,
7&8 step fwd on right, and rock right hip fwd, rock hips back, rock hips fwd