

No War = A Better Day!

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Peter Thijssen (NL) - November 2008
音樂: When the War Is Over - J.J. Cale & Eric Clapton : (CD: The Road To Escondido)



Intro: 32 counts intro, Start on vocals

Section 1: (1 - 8) HEEL TOUCH FORWARD, TOE TOUCH BACK, STEP FORWARD, PIVOT 1/2 TURN LEFT, STEP FORWARD, HEEL TOUCH FORWARD, TOE TOUCH BACK, STEP FORWARD, 1/4 TURN RIGHT, CROSS

- 1 - 2 Touch right heel forward, touch right toe back
- 3 & 4 Step right forward, 1/2 turn left, step right forward [06:00]
- 5 - 6 Touch left heel forward, touch left toe back
- 7 & 8 Step left forward, 1/4 turn right, cross left over right [09:00]

Section 2: (9 - 16) SIDE TOE STRUT, CROSS TOE STRUT, SIDE ROCK, RECOVER, CROSS, SIDE TOE STRUT, CROSS TOE STRUT, SIDE ROCK, RECOVER, CROSS

- 1 & Step right toe to right side, drop heel to the floor
- 2 & Cross left toe over right, drop heel to the floor
- 3 & 4 Rock right to right side, recover onto left, cross step right over left
- 5 & Step left toe to left side, drop heel to the floor
- 6 & Cross right toe over left, drop heel to the floor
- 7 & 8 Rock left to left side, recover onto right, cross step left over right

Section 3: (17-24) ROCK FORWARD, RECOVER, 1/2 TURN RIGHT, ROCK FORWARD, RECOVER, 1/4 TURN LEFT, ROCK FORWARD, RECOVER, 1/2 TURN RIGHT, LOCK STEP FORWARD

- 1 & 2 Rock forward on right, recover onto left, 1/2 turn right step forward [03:00]
- 3 & 4 Rock forward on left, recover onto right, 1/4 turn left step forward [12:00]
- 5 & 6 Rock forward on right, recover onto left, 1/2 turn right step forward [06:00]
- 7 & 8 Step left forward, cross step right behind left, step left forward

SECTION 4: (25-32) MAMBO STEP, DRAGGING TOE STRUTS BACK (4X), SAILOR STEP WITH 1/4 TURN LEFT

- 1 & 2 Step forward on right, recover onto left, step right next to left
- 3 & Drag left toe backward, drop left heel to the floor
- 4 & Drag right toe backward, drop right heel to the floor
- 5 & Drag left toe backward, drop left heel to the floor
- 6 & Drag right toe backward, drop right heel to the floor
- 7 & 8 Cross left behind right, 1/4 turn left on right, step left to side [09:00]

SECTION 5: (33-40) RUMBA BOX, 1/4 TURN RIGHT, TOGETHER, STEP FORWARD, STEP FORWARD. PIVOT 1/2 TURN RIGHT, STEP FORWARD

- 1 & 2 Step right to right side, step left next to right, step forward on right
- 3 & 4 Step left to left side, step right next to left, step back on left
- 5 & 6 1/4 turn right on right, step left next to right, step forward on right [06:00]
- 7 & 8 Step forward on left, pivot 1/2 turn right, step forward on left [12:00]

SECTION 6: (41-48) SIDE ROCK, RECOVER, CROSS STEP, SIDE ROCK, RECOVER WITH 1/4 TURN RIGHT, TOGETHER, HEEL STRUTS FORWARD (4X)

- 1 & 2 Rock right to side, recover onto left, cross step right over left
- 3 & 4 Rock left to side, recover with 1/4 turn right, step left next to right [03:00]
- 5 & Step forward on right heel, drop toe to the floor
- 6 & Step forward on left heel, drop toe to the floor

7 & Step forward on right heel, drop toe to the floor
8 & Step forward on left heel, drop toe to the floor

START AGAIN

**My Wish for everybody this Christmas 2008 en for the New Year 2009
"LET'S DANCE FOR PEACE ! ALL OVER THE WORLD !"**

RESTARTS:

**In Wall 3 (06:00) after count 32 (section 4 count 8) facing 09:00 (CW-direction)
start at the beginning count 1 section 1.**

**In Wall 6 (03:00) also after count 32 (section 4 count 8) facing 06:00
start at the beginning count 1 section 1.**

*** The dance ends at front wall with heel struts (section 6)
After 8 & Left heel strut & drop toe to floor Step right next to left = The End.**
