

拍數: 56 牆數: 1 級數: Beginner

編舞者: Helen Conroy (IRE) - October 2008

音樂: Cotton Eye Joe - Rednex



Contra Flow, Fun Dance

Section 1: Walk Forward X3 & Kick, Walk Back X3 & Touch

1-8 Walk forward R, L, R kick L forward, walk back L,R, L, touch R beside L

1-8 Repeat Section 1

Section 2: Right & Left Vine & Touch, Right & Left Step Touches Forward X2

1-4	Step R to right side, step L behind right, step R to right side, touch L beside right
5-8	Step L to left side, step R behind left, step L to left side, touch R beside left
1-4	Step forward on R touch L beside right, step forward on L touch R beside left
5-8	Step forward on R touch L beside right, step forward on L touch R beside left

Section 3: Clap Hands.Link Right&Left Arms & Circle Round

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	1-2	Clap your R hand with your partners R hand x2
	3-4	Clap you r L hand with your partners L hand x2
	5-6	Clap R&L hands with your partners R&L hands x2
	7-8	Clap your own hands x2
	1-8	Link your R arm with your partners R arm, Step around in a circle R,L, x8
	1-6	Link your L arm with your partners L arm, Step around in circle L,R X6
	7-8	Step back into line on L,R (opposite side from where you started)

Keep It Fun For Everyone