

# Born 2 Dance

**COPPER KNOB**  
BY STEPSHEETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Julia Ann Kennedy (USA) - October 2008  
音樂: Dancing Feet - Dave Sheriff : (CD: Best Of Dave Sheriff Vol. 3)



## Music:

I Wanna Thank You Baby by Delbert McClinton-CD The Best Of Delbert McClinton on iTunes  
My Sweet Baby by Delbert McClinton-CD The Jealous Kind on iTunes

## THREE STEP RIGHT JAZZ BOX, 3 STEP LEFT JAZZ BOX, RIGHT KICK BALLCHANGE

1 – 3            Step right over left, step left back, step right next to left  
4 – 6            Step left over right, step right back, step left next to right  
7 & 8            Right kick ball change

## RIGHT ROCK, RECOVER, RIGHT BACK COASTER, LEFT ROCK, RECOVER ¼ TURN LEFT, SHUFFLE LEFT

1 – 2            Right rock forward recover back on left  
3 & 4            Step back on right, back on left, forward on right  
5 – 6            Left rock forward recover back on right w/1/4 turn left  
7 & 8            Step left, right next to left, step left

## HEEL, HEEL, STEP ¼ TURN, RIGHT SAILOR, LEFT SAILOR

1&2&            Right heel front, step on right, left heel front, step on left  
3 – 4            Step right forward, turn ¼ onto left foot  
5 & 6            Step right foot behind left, step left foot to left, step right foot diagonally forward to right  
7 & 8            Step left foot behind right, step right foot to right, step left foot diagonally forward to left

## STEP, HIP BUMPS RIGHT, LEFT, RIGHT, LEFT

1 – 2            Step right forward, bump right hip forward  
3 – 4            Step left forward, bump left hip forward  
5 – 6            Step right forward, bump right hip forward  
7 – 8            Step left forward, bump left hip forward

**Optional: full turns on counts 1 – 4 with hip bumps**

**If you are not dancing, you're wasting your feet!**