

Long Way

拍數: 0 牆數: 2 級數: Phrased Intermediate
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音樂: Long Long Way - Alan Jackson



Intro: 32 tellen, start op de zang

Phrasing: A - B - A - A - A - B - A - A - B - A - A - A - A - A - A

Part A

Chassé Left, Rock Back, Side, Behind, ¼ Turn R, ¼ Turn R, Touch

- 1 LV step to left side
- & RV step next to LV
- 2 LV step to left side
- 3 RV rock behind
- 4 LV recover weight
- 5 RV step to right side
- 6 LV cross behind RV
- & ¼ turn right, RV step forward
- 7 ¼ turn right, LV step Left side
- 8 RV touch next to LV

Heel, Hook, Heel, Flick, Scuff, Hitch, Step, Heel Up-Down, Heel Up-Down, Hook ¼ Turn L, Shuffle Forward

- 9 RV touch heel in front
- & RV hook in front off LV
- 10 RV touch heel in front
- & RV flick to the right
- 11 RV sc uff forward
- & RV hitch
- 12 RV step to the right
- & LV lift heel (snap fingers at shoulders)
- 13 LV put heel down (hands down)
- & RV lift hiel (snap fingers at shoulders)
- 14 RV put heel down (hands down)
- & ¼ draai turn left, LV hook in front off (snap fingers at shoulders)
- 15 LV step forward
- & RV step next to LV
- 16 LV step forward

Step, Touch, Big Step ¼ Turn L, Touch, Sailorstep R, Sailorstep L

- 17 RV step forward
- 18 LV touch behind RV
- 19 ¼ turn left, LV big step to the left
- 20 RV touch next to LV
- 21 RV cross behind LV
- & LV step to the left
- 22 RV step to the right
- 23 LV cross behind RV
- & RV step to the right
- 24 LV step to the left

Behind, Side, Cross, &Cross, &Cross, ½ Turn Unwind, Touch L, Touch R, Touch L

- 25 RV cross behind LV
- & LV step to the left
- 26 RV cross over LV
- & LV step to the left
- 27 RV cross behind LV
- & LV step to the left
- 28 RV cross over LV
- 29 ½ turn left (weight on LV)
- 30 RV touch to the right
- & RV step next to LV
- 31 LV touch to the left
- & LV step next to RV
- 32 RV touch to the right
- & RV step next to LV (touch RV next to LV when B follows)

Part B

Diagonal Gallops, ¾ Turn, Diagonal Gallops

- 1 RV step diagonal forward (7.30)
- & LV step next to RV
- 2 RV step diagonal forward
- & LV step next to RV
- 3 RV step diagonal forward
- & LV step next to RV
- 4 RV step diagonal forward
- & ¾ draai linksom, LV hitch
- 5 LV step diagonal forward (10.30)
- & RV step next to LV
- 6 LV step diagonal forward
- & RV step next to LV
- 7 LV step diagonal forward
- & RV step next to LV
- 8 LV step diagonal forward

Jazbox ¼ Turn R, Jazbox ¼ Turn R

- 9 RV cross over LV
 - 10 LV step behind
 - 11 ¼ turn right, RV step to the right
 - 12 LV step forward
 - 13 RV cross over LV
 - 14 LV step behind
 - 15 ¼ turn right, RV step to the right
 - 16 LV touch next to RV
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