

Sweetie

COPPER KNOB
BY STEPHEN

拍數: 16 牆數: 4 級數: Beginner NC2S
編舞者: Birthe Tygesen (DK) & Niels Poulsen (DK) - October 2008
音樂: One Sweet Day - Boyz II Men & Mariah Carey



Intro: 16 counts from first beat (app. 20 seconds into track)

Note: This dance is a floor-split to the intermediate dance: 'One Sweet Day' by Niels Poulsen.

(1 – 8) Basic night club step L and R, vine ½ with sweep, run run

1 Take a big step with L to L side 12:00
2&3 Close R behind L, cross R over L, take a big step with R to R side 12:00
4&5 Close L behind R, cross R over L, step L to L side 12:00
6&7 Cross R behind L, turn ¼ L stepping fw on L, turn ¼ L on L sweeping R in front of L 6:00
8& Run diagonally fw on R towards 4:30, repeat with L 4:30

(9 – 16) Cross rock, side R, cross rock, 3/8 L, basic R, sway, sway

1 Cross rock R over L 4:30
2&3 Recover weight back to L, step R to R side turning body ¼ R, cross rock L over R 7:30
4&5 Recover weight back to R, turn 3/8 L stepping a small step fw on L, make big step R 3:00
6&7 Close L behind R, cross R over L, step L to L side swaying upper body to L side 3:00
8 Step onto R swaying upper body to R side 3:00

Begin again!...
