

Hope

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Improver
編舞者: Dan Morrison (CAN) - October 2008
音樂: Hope - Shaggy : (CD: Hot Shot)



Start dancing on lyrics

Walk, Walk, Walk, Out, Out, Bumps

1-3 Walk forward right, left, right
&4 Step left to side, step right to side
5-8 Bump hips right, left, right, left

Rock Step, Side Shuffle $\frac{1}{4}$ Back, Rock Step, Kick-Ball-Change

1-2 Rock left back, recover to right
3&4 Step left to side, step right together, step left to side
5-6 Rock right back, recover to left
7&8 Kick right forward, step right together, step left in place

Forward Lock Step, Forward Lock Step, Scuff $\frac{1}{4}$ Turn Step, Swivel, Flick

1&2 Step right forward, lock left behind right, step right forward
3&4 Step left forward, lock right behind left, step left forward
5&6 Scuff right forward, turn $\frac{1}{4}$ left (weight to left), step right to side
7&8 Swivel heels right, left, right

Left Vine, Rock Step, $\frac{3}{4}$ Back Shuffle

1-4 Step left to side, cross right behind left, step left to side, cross right over left
5-6 Rock left to side, recover to right
7&8 Triple in place turning $\frac{3}{4}$ left stepping left, right, left

Repeat
