

Holler

拍數: 32 牆數: 4 級數: Improver
編舞者: Joyce Warren (USA) - October 2008
音樂: Holler Back - The Lost Trailers : (CD: Single)



Start dancing on lyrics.

(1-8) Right Shuffle, Stomp Left, Stomp Right, Left Shuffle, Stomp Right, Stomp Left

1&2-3-4 Right shuffle forward, stomp left to side, stomp right to side
5&6-7-8 Left shuffle forward, stomp right to side, stomp left to side

(9-16) Right Sailor, Left Sailor, Right Sugar Foot, Step, Left Sugar Foot, Step

1&2-3&4 Right sailor, left sailor
5&6 Touch right toe together, scuff right heel forward, step right forward
7&8 Touch left toe together, scuff left heel forward, step left forward

(17-24) Right Rocking Chair, Right Side Rock, Left Rocking Chair, Left ¼ Side Rock ¼ ¼ Left

1& Rock right forward, recover to left
2& Rock right back, recover to left
3& Rock right to side, recover to left
4 Cross right over left
5& Rock left forward, recover to right
6& Rock left back, recover to right
7& Rock left to side, recover to right
8 Turn ¼ left and step left forward

(25-32) Right Mambo Forward, Left Mambo Back, Right Side Mambo, Left Side Mambo

1&2 Rock right forward, recover to left, step right together
3&4 Rock left back, recover to right, step left together
5&6 Rock right to side, recover to left, step right together
7&8 Rock left to side, recover to right, step left together

Repeat
