

# Nightbird

COPPER KNOB  
BY STEPHEN METZ

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: William Sevone (UK) - October 2008  
音樂: Queen of the Night - Whitney Houston : (The Bodyguard OST)



Choreographers note:- There are three restarts within the dance – read note for ‘extra’ step.  
Don’t let the ‘Bpm’ fool you – it’s a fast moving dance.  
Always remember - ‘The beat may reach your feet - but the rhythm should electrify your soul’.

Dance starts on the word ‘stuff’ as in “I’ve got the stuff that you want”  
\*5 secs into the drum intro.

## Hitch 1/4 Bwd. Coaster. Hitch 1/2 Bwd. Coaster (9:00).

1 – 2            Hitch right knee & start to turn ¼ right. Complete ¼ right & step right backward (3).  
3& 4            Step left backward, step right next to left, step left forward.  
5 – 6            Hitch right knee and start to turn ½ right. Complete ½ right & step right backward (9).  
7& 8            Step left backward, step right next to left, step left forward.

## Shoulder 1/4 Turn x5. Cross. Touch. Cross Shuffle (see RESTART note) (12:00)

9 – 10            Turning upper body/shoulders only – turn ¼ right. Turn ¼ left  
11& 12            Turning upper body/shoulders only – turn ¼ right, turn ¼ left, turn ¼ right.

### Dance note: Count 12: swivelling on feet – turn WHOLE body to face 12:00

13 – 14            Cross left over right. Touch right to right side.  
15& 16            Step right behind left, step left to left side, cross right over left.

### RESTART: Walls 4, 7 and 9: after count 16 add -

‘&.....Step left to left side’ (in effect, an extended cross shuffle)

## Diagonal Step. Side. Bending Body Roll. Touch. 1/4 Left Fwd (9:00)

17 – 18            Step left diagonally right. Start to bend knees whilst stepping right to right side.  
19 – 20            Knees still bent – move body to centre. Leaning to left transfer weight to left.  
21 – 22            Knees still bent – move body to centre. Leaning to right transfer weight to right.  
23 – 24            Straightening up – touch left next to right. Turn ¼ left & step forward onto left (9).

Style note: 18-22: The movement is ‘fluid’ – roll into it. (Hands on knees for extra balance and visual effect)

## High Hitch. Bwd. 3/4 Left. Behind. 3x Pendulum Touch. 1/4 Right Together-Fwd (3:00)

25 – 26            Hitch right knee high. Crossing right over left – step right backward.  
27 – 28            Unwind ¾ left (weight on right) (12). Step left behind right.  
29 – 30            Leaning left – touch right to right side. Leaning right – cross touch right over left  
31& 32            Leaning left – touch right to right side, turning ¼ right – step right next to left, step left forward  
(3).

Style note: 29-30: Pendulum action

DANCE FINISH: All the 12’s: Wall 12 (incl restarts) Count 12 and facing 12:00