

Listen Good

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Dave Munro (UK) - September 2008
音樂: Listen to Your Senses - Alan Jackson : (Album: Good Time)



Intro:-32 Counts.

R Cross Toe strut, L Side Toe strut, R Behind/Together/Heel/Together.

1-4 Step Right toes across Left, Drop Right heel, Step Left toes to left, Drop Left heel.
5-8 Step Right behind Left, Step Left beside Right, Touch Right heel fwd, Step Right beside Left.
(12:00)

L Cross Heel strut, R Side Heel strut, L Behind/Together/Heel/Together (Quarter turn).

1-4 Step Left heel across Right, Drop Left toes, Step Right heel to right, Drop Right toes.
5-8 Step Left behind Right, Quarter turn left stepping Right beside Left, Touch Left heel fwd, Step Left beside Right. (9:00)

Forward Toe struts R&L, R Cross, L Flick, L Step back, R Flick Kick.

1-4 Step Right toes fwd, Drop Right heel, Step Left toes fwd, Drop Left heel.
5-8 Step Right across Left, Flick Left behind Right, Step Left back, Kick Right forward. (9:00)

R Back/Lock/Back (hold), L Coaster step (hold).

1-4 Step Right back, Lock Left back across Right, Step Right back, Hold.
5-8 Step Left back, Step Right beside Left, Step Left forward, Hold. (9:00)

R Mambo half turn (hold), L Step half pivot (hold).

1-4 Rock forward on Right, Recover back on Left, Half turn right step forward Right, Hold.
5-8 Step forward Left, Pivot half turn right (weight on Right), Step Left forward, Hold. (9:00)

R Mambo, L Sweep, L Weave (hold).

1-4 Rock forward on Right, Recover back on Left, Step Right back, Sweep Left from front to back.
5-8 Step Left behind Right, Step Right to right, Step Left across Right, Hold. (9:00)

R Heel Dig (hold), R Weave (hold), L Point (hold).

1-2 Touch Right heel to fwd/right diagonal (Body angled to same diagonal), Hold.
3-6 (Square up to 9:00) Step Right behind Left, Step Left to left, Step Right across Left, Hold.
7-8 Point Left toes to Left, Hold. (9:00)

L Coaster step (hold), R Mambo, L Together.

1-4 Step Left back, Step Right beside Left, Step Left forward, Hold.
5-8 Rock forward on Right, Recover back on Left, Step Right back, Step Left beside Right. (9:00)

Repeat from Beginning.

Optional Ending:- Dance up to count 4 of Section 6 during wall 7 (make quarter turn left whilst sweeping Left to face 12:00),
continue dancing through to Count 1-2 of Section 7 (R heel dig, Hold), end of dance.