

Sweetheart Cha Cha

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Dancemood Studio (UK) - October 2008
音樂: Moving On Up - M People : (CD: Elegant Slumming)



Start dancing on lyrics

Cross Rock, Recovers; Triple Steps In Place

1-2 Cross rock left over right, step right in place
3&4 Triple step in place left, right, left
5-6 Cross rock right over left, step left in place
7&8 Triple step in place right, left, right

Rock Step, Recovers; Triple Steps

1-2 Rock left forward, step right in place
3&4 Triple step in place left, right, left
5-6 Rock right back, step left in place
7&8 Triple step slightly forward right, left, right

Triple Steps Forward; Rock, Recover; Triple Step

1&2 Triple step forward left, right, left
3&4 Triple step forward right, left, right
5-6 Rock left forward, step right in place
7&8 Triple in place left, right, left

Walk Backward X 4; Rock, Recover ¼ Turn Right; Triple Step

1-4 Walk backwards right, left, right, left
5-6 Rock right back, rock left forward, making ¼ turn right

Omit ¼ turn to make it a 1-wall dance

7&8 Triple step in place right, left, right

Repeat
