Bring It On Cha



拍數: 32 牆數: 4 級數: Beginner

編舞者: Gillian Butler (UK) - October 2008 音樂: Bring It On - Leon Jean-Marie



Start dancing on lyrics

Right Side Shuffle, Rock And Recover, Left Side Shuffle, Rock And R	acover	

1&2	Step right to s	side sten left t	together ster	right to side
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3-4 Rock left back left, recover to right

5&6 Step left to side, step right together, step left to side

7-8 Rock right back, recover to left

1/4 Turn Left, Right Side Shuffle, Rock And Recover, Left Side Shuffle, Rock And Recover

1&2 Turn ¼ left and step right to side, step left together, step right to side

3-4 Rock left back, recover to right

5&6 Step left to side, step right together, step left to side

7-8 Rock right back, recover to left

Right Shuffle Forwards, Rock And Recover, Left Shuffle Backwards, Rock And Recover

1&2 Step right forward, step left together, step right forward

3-4 Rock left forward, recover to right

5&6 Step left back, step right together, step left back

7-8 Rock right back, recover to left

Right Shuffle Forward, Pivot ½ Turn Right, Step Left, Step Right, Dip Down And Up

1&2 Step right forward, step left together, step right forward

3-4 Step left forward, turn ½ right (weight to right)

5-6 Step left forward, step right to side

7-8 Bend both knees (as though sitting), stand up (weight to left)

Repeat