

Bossy

拍數: 64 牆數: 4 級數: Intermediate / Advanced
編舞者: Michele Perron (CAN) - September 2008
音樂: Bossy - Lindsay Lohan : (CD: Bossy - Single)



Introduction: 32 Counts [begin on vocals "Stop touching me...."]

Sec. I (1- 8) SIDE-ROCK, KICK-CROSS-TOUCH; TURN, FORWARD, TRIPLE FORWARD

1,2 RIGHT Rock/Step side R; LEFT Recover/Step side L
3&4 RIGHT Kick forward, RIGHT Step across front of L, LEFT Touch side L
5,6 TURN 1/2 L on RIGHT; LEFT Step forward (6 o'clock)
7&8 RIGHT Triple forward (R forward, L Together, R forward)

Sec. II (9-16) ACROSS, TURN, BACK-TOGETHER-FORWARD, FORWARD, FORWARD, KICK, STEP, OUT

1,2 LEFT Step across front of R; RIGHT Step back with 1/4 Turn L (3 o'clock)
3&4 LEFT Step back, RIGHT Step beside L, LEFT Step forward
5,6 RIGHT, LEFT Steps forward
&,7,8 RIGHT Kick forward; RIGHT Step beside L; LEFT Step beside L

Sec.III (17-24) BUMP R & R, BUMP L & L, BUMPS: R,L,R,L

1&2 RIGHT Hip bumps R, Centre, R
3&4 LEFT Hip bumps L, Centre, L
5,6 RIGHT, LEFT Hip Bumps
7,8 RIGHT, LEFT Hip Bumps

Sec.IV (25-32) FORWARD/ROCK, RECOVER/BACK, TRIPLE TURN, FORWARD, TURN, TWIST-TWIST

1,2 RIGHT Rock/Step forward; LEFT Recover/Step back
3&4 RIGHT Triple with 1/2 Turn R (R side, L beside, R forward) (9 o'clock)
5,6 LEFT Step forward; Turn 1/2 R, weight on LEFT (3 o'clock)
7,8 Turn 1/2 R with two heel twists (heels twist L, clockwise) * (9 o'clock)

* RIGHT Foot may end in spiral foot position, weight on left

SEC.V (33-40) TURN, SIDE, BEHIND-SIDE-ACROSS, SIDE, BEHIND, SIDE, TOUCH

1,2 RIGHT Step forward with 1/4 Turn R; LEFT Step side L with 1/4 Turn R (3 o'clock)
3&4 RIGHT Step crossed behind L, LEFT Step side L, RIGHT Step across front of L
5,6 LEFT Step side L; RIGHT Step crossed behind L
7,8 LEFT Step side L; RIGHT Touch side R

SEC.VI (41-48) TURN, SIDE, BEHIND-SIDE-ACROSS, SIDE, BEHIND, SIDE, TOUCH

1,2 RIGHT Step forward with 1/4 Turn R; LEFT Step side L with 1/4 Turn R (9 o'clock)
3&4 RIGHT Step crossed behind L, LEFT Step side L, RIGHT Step across front of L
5,6 LEFT Step side L; RIGHT Step crossed behind L
7,8 LEFT Step side L; RIGHT Touch side R

SEC.VII (49-56) FORWARD, TWIST/BEND/SNAP, LEFT TRIPLE FORWARD: REPEAT

1,2 Execute 1/4 Turn R with RIGHT Step forward; LEFT beside R, heels twist L (clockwise),
body faces diagonal R, knees bend, R finger snap (above shoulder height) (12 o'clock)
3&4 LEFT Triple forward (L forward, R beside, L forward)
5,6 RIGHT Step forward; LEFT beside R, heels twist L (clockwise),
body faces diagonal R, knees bend, R finger snap (above shoulder height)
7&8 LEFT Triple forward (L forward, R beside, L forward)

SEC.VIII (57-64) FORWARD, TURN, TRIPLE FORWARD, TRIPLE FORWARD, ROCK/FORWARD,

TURN/RECOVER

- 1,2 RIGHT Step forward; LEFT Step forward with 1/2 Turn L (6 o'clock)
3&4 RIGHT Triple forward (R forward, L beside, R forward)
5&6 LEFT Triple forward (L forward, R beside, L forward)
7,8 RIGHT Rock/Step forward; LEFT Recover/Step back with 1/4 Turn R (9 o'clock)

Begin Again

Ending: on Sec.III, Right Hip bumps, after Counts 1&2, Turn 1/2 R to face front & strike a "Bossy" Posé
