

North to Alaska

拍數: 64 牆數: 4 級數: Improver
編舞者: Joyce Nicholas (MY) - October 2008
音樂: North to Alaska - Johnny Horton



Intro: 48counts - Start dance when he sings 'Big Sam left Seattle.....

SIDE TOE STRUT, CROSS TOE STRUT, SIDE STEP, HIP SWAYS

1-2 R toe strut to right
3-4 L toe strut across right
5-6 Step R to right, sway hip to left
7-8 Sway hip to right, hold 12.00

SIDE TOE STRUT, CROSS TOE STRUT, STEP SIDE, HIP SWAYS

9-10 L toe strut to left
11-12 R toe strut across left
13-14 Step L to left, sway hip to right
15-16 Sway hip to left, hold 12.00

ROCKING CHAIR, PIVOT ¼ TURN, STEP TOGETHER

17-20 Rock forward on R, recover onto L, rock back on R, recover onto L
21-22 Step forward on R, hold
23-24 Pivot ¼ turn L (weight on left), hold 9.00

VINE TO R, TOUCH, VINE TO L, TOUCH

25-28 Step R to right side, step L behind right, step R to right side, touch L beside R
29-32 Step L to left side, step R behind left, step L to left side, touch R beside L

ROCKING CHAIR, PIVOT ¼ TURN, STEP TOGETHER

33-40 Repeat 17-24 6.00

VINE TO R, TOUCH, VINE TO L, TOUCH

41-48 Repeat 25-32 6.00

TURN ¼ & ½ HITCHES WITH CLAPS, HIP BUMPS

49-50 Make a ¼ turn left, step back on R, hitch L, clap
51-52 Make a ½ turn left step forward on L, hitch R, clap
53-56 Hip Bumps RLRL 9.00

WALK BACK & HITCH, LOCK STEP, HOLD

57-60 Walk back RLR, Hitch L, clap
61-64 Step forward on L, lock R behind left, step forward on L, hold 9.00

START AGAIN

One Restart: On 4th Wall (facing 3 o'clock) dance first 16 counts and restart dance