

# Around The Clock

**COPPER** **KNOB**  
BY STEPHEN

拍數: 48      牆數: 4      級數: Improver  
編舞者: Louise Elfvengren (NOR) - October 2008  
音樂: Rock Around the Clock - Bill Haley & The Comets



Intro: 28 counts

## Section 1: RUN FORWARD X 3, KICK. RUN BACKWARDS X 3, KICK.

- 1-4            Run right – left - right. Kick left foot forward.  
5-8            Run backwards left – right - left. Kick right foot forward. (12 o'clock)

## Section 2: ROCK & CROSS WITH HOLDS X 2

- 1-4            Rock right to the side, recover, cross right over left, hold.  
5-8            Rock left to the side, recover, cross left over right, hold.

## Section 3: 3/4 TURN LEFT WITH HITCH (Clap hands every hitch), RIGHT AND LEFT TOE STRUT (forward or in place).

- 1-2            Step down on right foot, turn 1/2 left while lifting up left leg.  
3-4            Step down on left foot, turn 1/4 left while lifting up right leg.  
5-6            Put down right toes with weight on the ball, put down rest of the foot.  
7-8            Put down left toes with weight on the ball, put down rest of the foot. (3 o'clock)

## Section 4: SIDE TOGETHER SIDE AND KICKS X 2 (Option: Side behind side, kick x 2)

- 1-2            Step right to right side, step left next to right,  
3-4            Step right to right side, kick forward with left foot.  
5-6            Step left to left side, step right next to left.  
7-8            Step left to left side, kick forward with right foot.

## Section 5: KICKS TRAVELLING BACKWARDS

- 1-4            Step down on right, kick forward with left, step down on left, kick forward with right (moving backwards every step)  
5-8            Step down on right, kick forward with left, step down on left, kick forward with right (moving backwards every step)

## Section 6: STOMP - HOLD X 2, RIGHT AND LEFT TOE STRUT (backwards or in place).

- 1-4            Stomp right foot, hold. Stomp left foot, hold.  
5-6            Put down right toes with weight on the ball, put down rest of the foot.  
7-8            Put down left toes with weight on the ball, put down rest of the foot. (3 o'clock)
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