## Learning To Fly

拍數： 32
牆數： 4
級數：Intermediate
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音樂：One Step At a Time－Jordin Sparks


Intro： 16 count intro．Start on the lyrics．
（1－8）STEP，STEP－LOCK－STEP，SKATE，SKATE，STEP－LOCK－STEP，STEP
1 Step forward R
2\＆3 Step forward $L$ ，step on the ball of the $R$ foot behind the $L$ ，step forward $L$（or shuffle）
4，5 Bring $R$ next to $L$ and step forward on the $R$ with turned out foot，repeat with $L$
6\＆7 Step forward $R$ ，step on the ball of the $L$ foot behind the $R$ ，step forward $R$（or shuffle）
8 Step forward L
（9－16） $1 / 4$ R STEP，CROSS－AND－CROSS，STEP BACK， $1 / 4$ L STEP，STEP， $1 ⁄ 2$ L PIVOT，BALL－STEP
$1 \quad$ Pushing off your left foot turn $1 / 4$ right（3：00）and step the $R$ to the right side
$2 \& 3$ Step the $L$ over the $R$ ，step the $R$ to the right side，step the $L$ over the $R$
4，5 Step back on $R$ ，turning $1 / 4$ left（12：00）step forward on $L$
6，7 Step forward on $R$ ，turn $1 / 2$ left（6：00）stepping on the $L$
\＆8 Step on the ball of the $R$ foot next to the $L$ ，step forward on $L$
RESTART：Restart here on the 4th and 9th walls（Note：the 4th wall will start facing 9：00 and you will restart the 5 th wall facing $3: 00$ wall；the 9 th wall will be the next time you start facing $3: 00$ ）
（17－24）STEP， $1 ⁄ 2$ L PIVOT，KICK，TOUCH BACK，KICK－BALL－CHANGE，STEP， $1 ⁄ 2$ L PIVOT
1，2 Step forward on R，turn $1 / 2$ left（12：00）stepping on the $L$
3，4 With a straight leg swing the $R$ leg forward，swing the leg back and touch the $R$ toe behind
5\＆6 Kick the $R$ forward，step on the ball of the $R$ next to the $L$ ，step forward on $R$
$7,8 \quad$ Step forward on $R$ ，turn $1 / 2$ left（6：00）stepping on the $L$
（25－32）PRESS，RECOVER，BALL－SCOOT $1 / 4$ R，TOUCH BACK，TWIST，TWIST，STEP $1 ⁄ 2$ L PIVOT
1，2 Step on the ball of the $R$ to right as you rock to the side，recover weight onto the $L$
\＆3 Stepping on the ball of the $R$ next to $L$ ，step the $L$ to the left side（scoot）as you begin turning $1 / 4$ right（9：00）
$4 \quad$ Now facing 9：00 touch the $R$ toe back behind the $L$ heel
$5 \quad$ Dig the $R$ toe into the floor and turn $1 / 2$ right（3：00）with a twisting motion placing weight onto R
$6 \quad$ Pushing off the $R$ foot twist back to face 9：00（ $1 / 2$ left）placing weight onto the $L$ Note for counts 5－6：twist only as much as you are comfortable with，just so come back to 9：00 $7,8 \quad$ Step forward on $R$ ，turn $1 / 2$ left（3：00）stepping on the $L$

## Repeat

