Here Come The Girls



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Dave Munro (UK) - September 2008 音樂: Girls - Sugababes : (CD: Single)



Dance repeats in an anti-clockwise direction.

Begin on the word "Girls", of chorus, approx. 30 seconds in.

R Side, Back rock/Recover, L Side Back rock/Recover, Half pivot, Syncopated half pivot.

1-2& Long step Right to right side, Rock Left behind Right, Recover forward on Right.
 3-4& Long step Left to left side, Rock Right behind Left, Recover forward on Left.

5-6 Step Right forward, Pivot half turn Left (weight ends on Left).7&8 Step Right forward, Pivot half turn Left, Step Right forward.

(12:00)

Charleston Fwd & Back, Step out L & R, L Scissor Cross.

1-4 Touch Left heel forward, Step Left back, Touch Right toes Back, Step Right forward.

5-6 Step Left to fwd/left diagonal, Step Right to fwd/ right diagonal.

7&8 Step Left to place, Slide Right beside Left, Cross Left in front of Right.

(12:00)

*Restart the dance from this point on Wall 4, facing 3:00.

Step side, Behind & Kick & Cross, L Step side, Half Hinge turn, Syncopated Cross rock.

1-2&3	Step Right to right, Step Left behind Right, Step Right beside Left, Low kick Left to fwd/left	
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diagonal.

&4 Step Left beside Right, Cross Right in front of Left.

5-6 Step Left to left side, Half hinge turn right stepping Right to right.7&8 Rock Left across Right, Recover back on Right, Step Left to left side.

(6:00)

Two count Weave, R Sailor, Two count Weave (quarter turn), Hip Bumps L,R,L.

1-2 Step Right in front of Left, Step Left to left side.

Step Right behind Left, Left small step to left, Right small step to right.
Step Left behind Right, Quarter turn right Stepping Right forward.

7&8 Step Left forward bumping Left hip fwd, Right Hip back, Left Hip fwd (with weight).

(9:00)

Repeat from Beginning.

*Restart:- Dance must be restarted after count 16 on the 4th Wall only. Facing 3:00.