

Crush

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Improver
編舞者: George Petrella (USA) - September 2008
音樂: Crush - Jennifer Paige



Start Dancing On Lyrics

Walk Forward Spin To Left ½ On Right Hitch Left

1-4 Walk forward right, left, spin ½ to left on right, touch left toe in front of right
5-8 Walk left, right, spin to left on left, touch right toe

Right And Left Lindy Steps

1&2-3-4 Side shuffle to right, rock left back, recover on right
5&6-7-8 Side shuffle to left, rock right back, recover on left

Willie Walk Steps Forward x8

1-8 Step right forward with toe pointing in with weight on balls of feet step left forward with toe pointing in with weight on balls of feet. Repeat 3 times (get down and move the hips)

Right And Left Step Lock Steps At Angle Backwards

1-4 Step back at right angle on right, lock left in front, step right back, touch left
5-8 Step back at left angle on left, lock right in front of left, step left back, step on right

Rock Recover, Coaster Step, Jazz Box Turn ¼ To Right

1-2-3&4 Rock left forward, recover right back. Left. Back, right back, left. Forward
5-8 Cross right over left, step back left, turn ¼ to right on right, together left

Pivot 4 Times To The Left Doing 4 ¼ Pivots

1-8 Place right foot in front of left, turn ¼ to left (4 times)

Moving at left angle

Cross Right Over Left 4x, Flick Left

1-8 Move at left angle, 4x cross right over left stepping right-left, right-left, right-left, right-flick left

Moving at right angle

Cross Left Over Right 4x, Flick Right

1-8 Move at right angle, 4x cross left over right stepping left-right, left-right, left-right, left-flick right

Move arms in and out like rowing a boat, moving your body in and out

Repeat
