

We Run This Show!

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Joanne Wong (MY) - September 2008
音樂: Run The Show (feat. Shaka Dee) - Kat Deluna



Note: Start after 48 counts (main vocals)

Syncopated Cross Rocks, Sailor Cross, Forward Lock Step

- 1 & 2 & 3 & 4 Rock left across right (1), recover on right (&), rock left to left side (2), recover on right (&), rock left across right (3), recover on right (&), step left to left side (4)
5 & 6 Step right behind left (5), step left to left side (&), cross right over left (6)
7 & 8 Step forward on left (7), lock right behind left (&), step forward on left (8)

Syncopated Weave ¼ Turn Left, Hitch, Full Turn Left, Hold, ¼ Turn Left Forward

- & 1 & 2 & 3 & 4 Making a ¼ turn left, step right to right side (&), step left behind right (&), step right to right side (&), cross left over right (2), step right to right side (&), step left behind right (3), step right to right side (&), hitch left knee beside right (4)
5 & 6 Making a ¼ turn left, step forward on left (5), making a ½ turn left, step back on right (&), making a ¼ turn left, step left to left side (6)
7 & 8 Hold (7), step right beside left (&), making a ¼ turn left, step forward on left (8)

Syncopated Forward Rock, Recover, Batchachara, Side Rock Cross X2

- & 1 & 2 & 3 - 4 Rock forward on right (&), recover on left (1), step back on right (&), press on left ball and push left hip forward (2), step back on left (&), press on right ball and push right hip forward (3), step back on right (4)
5 & 6 Rock left to left side (5), recover on right (&), cross left over right (6)
7 & 8 Rock right to right side (7), recover on left (&), cross right over left (8)

Side Rock Cross ¼ Right, ½ Turn Left, Cross Back Hitch, Behind Side Cross

- 1 & 2 Making a ¼ turn right, rock left to left side (1), recover on right (&), cross left over right (2)
3 & 4 Making a ¼ turn left, step back on right (3), making a ¼ turn left, step left to left side (&), cross right over left (4)
5 & 6 Facing right diagonal, cross left over right (5), step back on right (&), step back on left and hitch right knee beside left, still facing right diagonal (6)
7 & 8 Step back on right (7), step left beside right (&), cross right over left, squaring off at original wall [3 o'clock] (8)

Repeat

RESTARTS: At wall 2 and wall 5, AFTER 16 counts, step right beside left and start the dance again.