

Half Way There

拍數: 64 牆數: 4 級數: Improver
編舞者: Helena-Jane Parker (UK) & Michael Parker (UK) - September 2008
音樂: Livin' On a Prayer - Bon Jovi



Start dancing on lyrics

Grapevine, Grapevine/Shuffle With ¼ Turn

1-4 Step right to side, cross left behind right, step right to side, bring left to right
5-6-7&8 Step left to side, cross right behind left, step left to side while turning ¼ left, bring right to left, step left forward (9:00)

Forward Rock, Coaster, Forward Rock, Triple ½ Turn

1-2 Step right forward, rock/recover onto left
3&4 Step right back, step left together, step right forward
5-6 Step left forward, rock/recover onto right
7&8 Triple ½ turn left (over left shoulder) stepping left-right-left (3:00)

Rock Recover, Behind & Cross, Rock Recover, Behind & Cross

1-2 Rock with right to right side right, recover on left
3&4 Step behind on right, step onto left & cross right over left
5-6 Rock with left to side left, recover on right
7&8 Step behind on left, step onto right & cross left over right

Cross & Unwind, Sway Twice, Elvis Knees Twice

1-2 Cross right over left winding ¾ turn over left shoulder, recover onto left (6:00)
3-4 Step right to sway right, step left to sway left
5 Turn right knee & toes in (in a circular knee pop movement)
6 Turn right knee & toes out
7-8 Turn right knee & toes in, turn right knee & toes out (weight to right)

Flick, Diagonal Shuffle Twice, Rock Forward, 5/8 Triple Turn

1&2 Flick left foot back & up & step forward (diagonal) left, close right beside left, step forward left
3&4 Flick right foot back & up & step forward (diagonal) right, step left together, step forward right
5-6 Step left forward, rock/recover on right
7&8 Triple 5/8 turn (over left shoulder) stepping; left-right-left (12:00)

Scissor Step Twice, ¼ Turning Jazz Box Together

1&2 Step right to side, step left beside right, cross right over left
3&4 Step left to side, step right beside left, cross left over right
5-6 Cross right over left, make ¼ turn right stepping left back
7&8 Step right to side, step left beside right together-weight onto left (3:00)

Mambo Twice, Forward Shuffle Left, Right

1&2 Rock right to side, recover, step right in place
3&4 Rock left to side, recover, step left in place
5&6 Step left forward, close right beside left, step left forward
7&8 Step right forward, step left together, step right forward

Shuffle Back, Back Toe Turn, Rock Forward, Coaster

1&2 Step left back, close right beside left, step left back
3-4 Touch right toes back, pivot ½ turn right transferring weight onto right foot (9:00)
5-6 Step left forward, rock/recover, weight on right

7&8 Step left back, step right together, step left forward

Repeat

TAG: End of 2nd wall

Disco Moves X 8 (Keep Weight On Left) Together

1-4 Point right toes in front & across left, to the left diagonal, point right toes in front & out, to the right diagonal, point right toes behind & cross left, to the left diagonal, point right toes behind & out, to the right diagonal

5-8 Repeat 1-4 and together
