

Paralyzer

COPPER KNOB
STEPPERS

拍數: 32
牆數: 4
編舞者: Bob Chalfant - March 2008
音樂: Paralyzer - Finger Eleven

級數: Improver



Start 32 counts with the first word.

SYNCOPATED WEAVE RIGHT, SAILOR ¼ TURN LEFT, FORWARD LOCKING SHUFFLE

- 1 Right ~ Step R to right side (1)
- 2&3 Behind & cross ~ Step L behind R (2), Step R to right side (&), Step L across R (3)
- 4 Right ~ Step R to right side (4)
- 5&6 Sailor ¼ Turn ~ Cross L behind R (5). Making 1/4 L step R to right side (&). Step L in place (6)
- 7&8 Right Lock Step ~ Step R forward (7), Lock step L behind R (&), Step R forward (8)

STEP ½ TURN, SHUFFLE FORWARD, FULL TURN, HITCH ¼ TURN POINT, HITCH ¼ TURN POINT

- 1,2 Step, ½ turn ~ L step forward (1), Pivot ½ turn right placing weight on R (2)
- 3&4 Left, right, left ~ Step L forward (3). Close R beside left (&). Step L forward (4)
- 5,6 Turn, turn ~ Pivot ½ turn left stepping back on R (5), Pivot ½ turn left stepping forward on L (6)
- &7 Hitch turn ~ Hitch R knee turning 1/4 left (&), Touch R toe to right side (7)
- &8 Hitch turn ~ Hitch R knee turning 1/4 left (&), Touch R toe to right side (8)

CROSS, POINT, CROSS, HITCH ¼ TURN POINT, HITCH ¼ TURN POINT, CROSS, POINT, CROSS

- 1,2 Cross, point ~ Step R across left (1), Point L to left side (2)
- 3 Cross ~ Step L across right (3)
- &4 Hitch turn ~ Hitch R knee turning 1/4 left (&), Touch R toe to right side (4)
- &5 Hitch turn ~ Hitch R knee turning 1/4 left (&), Touch R toe to right side (5)
- 6,7 Cross, point ~ Step R across left (6), Point L to left side (7)
- 8 Cross ~ Step L across right (8)

½ MONTEREY TURN WITH CROSS, STEP ½ TURN, STEP ½ TURN

- 1,2 Point, ½ turn ~ Touch R to right side (1), Step R next to L as you turn 1/2 right (2)
- 3,4 Point, cross ~ Touch L to left side (3), Step L across R (4)
- 5,6 Step, ½ turn ~ R step forward (5), Pivot ½ turn left placing weight on L (6)
- 7,8 Step, ½ turn ~ R step forward (7), Pivot ½ turn left placing weight on L (8)

HAVE FUN!