

# From This Moment

拍數: 32      牆數: 3      級數: Intermediate  
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - September 2008  
音樂: Let Me Love You - Lonestar



Start after 32 counts intro – 99bpm

**(1-9) Vine R 2, R back, L kick ball cross, ½ R hinge turn, R back, L kick ball cross**

1-2            Step R side, cross step L behind R  
&3&4        Step R back, kick L forward, step L back, cross step R over L  
5-7            Turning ¼ right step L back, turning ¼ right step R side, cross step L over R  
&8&1        Step R back, kick L forward, step L back, cross step R over L (6 o'clock)

**(10-16) ¼ R turn & L back, R coaster step, walk fwd L & R, L fwd, ½ R pivot turn, L fwd**

2            Turning ¼ right step L back  
3&4        Step R back, step L together, step R forward  
5-6        Step L forward, step R forward  
7&8        Step L forward, pivot ½ right, step L forward (3 o'clock)

**(17-25) R fwd, L & R scissor steps, L side, ¼ R & R side, L lock step**

1            Step R forward  
2&3        Step L to side, step R together, cross step L over R  
4&5        Step R to side, step L together, cross step R over L  
6-7        Step L to side, turning ¼ right step R to side  
8&1        Step L forward, lock step R behind L, step L forward (6 o'clock)

**(26-32) ½ L turn & R back, L coaster step, R fwd, L fwd, ¼ R pivot turn, L cross step**

2            Turning ½ left step R back  
3&4        Step L back, step R together, step L forward  
5-8        Step R forward, step L forward, pivot ¼ right, cross step L over R (3 o'clock)

**Pattern:** First off, it may look a nightmare on paper but it's easy to remember – all the extras happen facing side walls. You never start the dance facing your left side wall – it's only 3 walls – front, right and back. The basic dance is 32 counts. On certain walls you will add 4 & 8 count tags & on 1 occasion restart

**At the end of walls 1&4:** add the following 4 counts, you will be facing R side wall, 3 o'clock, when doing these steps and then start the dance again.

1-2            Rock R to side, recover weight on L  
3-4            Either: Rock R back, recover weight on L OR cross R over L, unwind full turn left with weight ending on L

**At the end of walls 3, 6 & 9:** add the following 8 counts, you will be facing L side wall, 9 o'clock, when doing these steps) and then will start the dance again facing front wall

1-2            Rock R to side, recover weight on L  
3-4            Either: rock R back, recover weight on L OR cross R over L, unwind full turn left with weight ending on L  
5-8            Cross step R over L, step L back, turning ¼ right step R to side, cross step L over R

**Restart:** On wall 7 (which starts facing front wall) dance the first 16 counts which take you to the right side wall (3 o'clock) and restart the dance again).

**Ending:**

On wall 10 (which start facing front wall) dance the first 12 counts up to the R coaster step (where you will be facing 9 o'clock/left side wall) To finish turn ¼ right as you step your L to L side & strike a pose.

