Going Gone

拍數: 32

級數: Improver (Two-Step)

編舞者: Louise Elfvengren (NOR) - September 2008

音樂: Going Gone - Monica Silverstrand

Alternative music:

Thank's A Lot by Robert Mizzell, DJ Bobo - It's my life, Dolly Parton & Boy George - Your kisses,

Buck Owens & Ringo Starr – Act Naturally

Intro: 16 counts.

Section 1

TOESTRUT BACK TURNING 1/2, SHUFFLE FORWARD, ¼ STEP TURN LEFT, CROSS SHUFFLE LEFT

- 1-2 Put right toes behind and turn ½ right and put down the rest of the foot
 3&4 Shuffle forward left right left (Stepping left forward, close right beside left, step left forward)
 5-6 Step right forward, turn ¼ left (weight on left foot)
- 7&8 Cross right foot over left, step left to the side, cross right foot over left.

Section 2

1/4 TURN JAZZBOX WITH CROSS, TOEPOINTS, HITCH AND WALKS

- 1-4 Cross step left over right. Step right back, (while turning ¼ left), step left to left side and cross right over left
- 5&6 Point left toes to left side, step left beside right, point right toes to right side,
- & Step right foot beside left and hitch left foot.
- 7-8 Walk forward left and right

Section 3

FORWARD MAMBO, BACK MAMBO, ROCK & CROSS, STEP AND TURN ¼ LEFT

- 1&2 Rock forward on left, rock back onto right. Step left in place
- 3&4 Rock back on right, rock forward onto left. Step right in place
- 5&6 Rock to left side and recover onto right, cross left over right.
- 7-8 Step right forward, turn ¼ step left forward.

Section 4

1/2 STEP TURN LEFT, SHUFFLE FORWARD, HEELS AND TOETAPS.

- 1-2 Step forward on right, turn ½ stepping forward on left
- 3&4 Shuffle forward right left right
- 5&6& Put left heel forward, step left next to right, put right heel forward, step right next to left
- 7& Tap left toes two times. Tap 1 is made next to right foot. Tap 2 a little bit more to the left8 Step down on left foot beside right.

START AGAIN AND ENJOY





牆數:4