

Losing My Religion

COPPER KNOB
BY STEPHEN METZ

拍數: 64 牆數: 4 級數: Improver
編舞者: Louise Elfvengren (NOR) - September 2008
音樂: Losing My Religion - Dolapdere Big Gang : (CD: Just Feel 2008)



Intro: Start at vocals.

Section 1

JAZZBOX ¼ WITH CROSS, CHASSÉ RIGHT

- 1-4 Cross right over left, step back on left while turning ¼ right, step right to right side and cross left over right.
5-8 Step right to right side, step left beside right, step right to right side, hold.

Section 2

ROCK & TURN ¼, ROCKING CHAIR

- 1-4 Step left over right and recover onto right, turn ¼ left and step forward, hold.
5-8 Rock forward on right, recover onto left, rock backward right foot and recover onto left.

Section 3

STEP TURN STEP, ROCK & CROSS

- 1-4 Step forward on right, turn ½ left stepping forward on left foot, step forward right, hold.
5-8 Rock to the right side recover onto left, cross left over right, hold.

Section 4

¾ OF A BOX, CHASSÉ TURNING ¼

- 1-4 Step right to right side, step left beside right, step right foot back, hold.
5-8 Step left to left, step right beside left, turn ¼ left step left forward hold.

Section 5

ROCKING CHAIR, STEP TURN STEP

- 1-4 Rock forward on right, recover onto left, rock backward right foot and recover onto left.
5-8 Step forward on right, turn ½ left stepping forward on left foot, step forward on right, hold.

Section 6

SHUFFLE, ROCK AND TURN ¼, STEP FW

- 1-4 Shuffle forward, left – right – left, hold.
5-8 Rock to right side, turn ¼ left stepping forward on left foot, step forward on right, hold.

Section 7

CHASSÉ x 2

- 1-4 Step left to left, step right beside left, step left to left, hold.
5-8 Step right to right, step left beside right, step right to right, hold.

Section 8

JAZZBOX ¼ WITH CROSS, ROCK & CROSS

- 1-4 Cross left over right, step right back while turning ¼ to the left, step left to left side, cross right over left.
5-8 Rock left to left side, recover onto right, cross left over right, hold.