Young Girl

拍數: 48

級數: Improver

編舞者: Joenan (AUS) - September 2008

音樂: Young Girl - Barbados

Count in: 24 counts; start counting on the 3rd drum beat after "mind" (young girl get out of my "mind")

Rock, Recover, Step Forward, Step Forward, Shuffle Forward, Shuffle Forward

- 1-4 Rock back on Left, recover onto Right, step forward on Left, step forward on Right
- 5&6 Shuffle diagonally forward on Left, Right, Left
- 7&8 Shuffle diagonally forward on Right, Left, Right

Rock, Recover, Triple Step ½ Turn Left, Rock, Recover, Triple Step ½ Turn Right

- 1-2 Rock forward on Left, recover onto Right
- 3&4 Triple step on Left, Right, Left ½ turn left
- 5-6 Rock forward on Right, recover onto Left
- 7&8 Triple step on Right, Left, Right ½ turn right

Cross Rock, Recover, Chasse Left, Cross Rock, Recover, Chasse Right 1/4 Turn Right

- 1-2 Cross r ock Left over Right, recover onto Right
- 3&4 Step Left to left side, step Right together, step Left to left side
- 5-6 Cross rock Right over Left, recover onto Left
- 7&8 Step Right to right side, step Left together, step Right to right side ¼ turn right

Pivot ¼ Turn Right, Pivot ¼ Turn Right, Rocking Chair

- 1-4 Step forward on Left, pivot ¼ turn right, step forward on Left, pivot ¼ turn right
- 5-8 Rock forward on Left, recover onto Right, rock back on Left, recover onto Right

Step Forward, Lock Step Behind, Shuffle Forward, Step Forward, Lock Step Behind, Shuffle Forward

- 1-2 Step diagonally forward on Left, lock step Right behind Left
- 3&4 Shuffle diagonally forward on Left, Right, Left
- 5-6 Step diagonally forward on Right, lock step Left behind Right
- 7&8 Shuffle diagonally forward on Right, Left, Right

Rock, Recover, Triple Step 1/2 Turn Left, Rock, Recover, Sailor Step

- 1-2 Rock forward on Left, recover onto Right
- 3&4 Triple ste p on Left, Right, Left ½ turn left
- 5-6 Rock forward on Right, recover onto Left
- 7&8 Cross step Right behind Left, step Left to left side, step Right to right side

Repeat

FINISH: When music ends dance the first 8 counts and make ¼ turn right on (7&8) to finish the dance facing front wall





牆數:4