

Listen To Your Senses

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Celia Stevens (NZ) - March 2008
音樂: Listen to Your Senses - Alan Jackson : (CD: Good Time)



FEET TOGETHER, WEIGHT ON THE RIGHT, START ON VOCALS

SIDE-TOG-FWD, SIDE-TOG-BACK, SYNCOPATED WEAVE, TOE, HEEL

- 1 & 2 Step L foot to left side, Step R foot next to left, Step L foot forward,
- 3 & 4 Step R foot to right side, Step L foot next to right, Step R foot back,
- & 5 & 6 Step L foot back, Step R foot across in front of left, Step L foot to left side, Step R foot behind,
- & 7 & 8 Step L foot to left side, Step R foot across in front of left, Touch L toe in beside right, Touch L heel in beside right.

SYNCOPATED WEAVE, TOE, HEEL, ¼ BEHIND-SIDE-FWD, MAMBO

- 1 & 2 Step L foot behind right, Step R foot to right side, Step L foot across in front of right,
- & 3 & 4 Step R foot to right side, Step L foot behind right, Touch R toe in beside left, Touch R heel in beside left,
- 5 & 6 Step R foot behind left, ¼ turn left Step forward on L foot, Step forward on R foot (FACING 9:00),
- 7 & 8 Step forward on L foot, Step R foot in place, Step L foot back (MAMBO STYLE).

STEP LOCK BACK, STEP-PIVOT-BACK, STEP-PIVOT-BACK, COASTER STEP.

- 1 & 2 Step R foot back, Step L foot back across in front of right, Step R foot back,
- 3 & 4 Step L foot back, Pivot ½ turn back left, Step L foot back (FACING 3:00),
- 5 & 6 Step R foot back, Pivot ½ turn back right, Step R foot back (FACING 9:00),
- 7 & 8 Step L foot back, Step R foot beside left, Step L foot forward.

STEP FWD, SIDE-ROCK-CROSS, SIDE-ROCK-CROSS, ¼, ¼, TRIPLE FULL TURN.

- & 1 & 2 Step R foot forward, Step L foot to left side, Step R foot in place, Step L foot forward in front of right,
- 3 & 4 Step R foot to right side, step L foot in place, Step R foot forward in front of left,
- 5, 6 Step ¼ turn back onto L foot (FACING 12:00), Step ¼ turn back onto R foot (FACING 3:00),
- 7 & 8 & Turn 360`left (back over left shoulder) step L-R-L, Step R foot forward (FACING 3:00).

REPEAT FROM THE BEGINNING UNTIL MUSIC ENDS, NO TAGS, NO ADD ON'S, NO RESTARTS,

ENJOY!