

# Listen To Your Senses

**COPPER KNOB**  
STEPSHEETS

拍數: 32                      牆數: 4                      級數: Intermediate  
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音樂: Listen to Your Senses - Alan Jackson : (CD: Good Time)



## FEET TOGETHER, WEIGHT ON THE RIGHT, START ON VOCALS

### SIDE-TOG-FWD, SIDE-TOG-BACK, SYNCOPATED WEAVE, TOE, HEEL

- 1 & 2                      Step L foot to left side, Step R foot next to left, Step L foot forward,  
3 & 4                      Step R foot to right side, Step L foot next to right, Step R foot back,  
& 5 & 6                      Step L foot back, Step R foot across in front of left, Step L foot to left side, Step R foot  
behind,  
& 7 & 8                      Step L foot to left side, Step R foot across in front of left, Touch L toe in beside right, Touch L  
heel in beside right.

### SYNCOPATED WEAVE, TOE, HEEL, ¼ BEHIND-SIDE-FWD, MAMBO

- 1 & 2                      Step L foot behind right, Step R foot to right side, Step L foot across in front of right,  
& 3 & 4                      Step R foot to right side, Step L foot behind right, Touch R toe in beside left, Touch R heel in  
beside left,  
5 & 6                      Step R foot behind left, ¼ turn left Step forward on L foot, Step forward on R foot (FACING  
9:00),  
7 & 8                      Step forward on L foot, Step R foot in place, Step L foot back (MAMBO STYLE).

### STEP LOCK BACK, STEP-PIVOT-BACK, STEP-PIVOT-BACK, COASTER STEP.

- 1 & 2                      Step R foot back, Step L foot back across in front of right, Step R foot back,  
3 & 4                      Step L foot back, Pivot ½ turn back left, Step L foot back (FACING 3:00),  
5 & 6                      Step R foot back, Pivot ½ turn back right, Step R foot back (FACING 9:00),  
7 & 8                      Step L foot back, Step R foot beside left, Step L foot forward.

### STEP FWD, SIDE-ROCK-CROSS, SIDE-ROCK-CROSS, ¼, ¼, TRIPLE FULL TURN.

- & 1 & 2                      Step R foot forward, Step L foot to left side, Step R foot in place, Step L foot forward in front  
of right,  
3 & 4                      Step R foot to right side, step L foot in place, Step R foot forward in front of left,  
5, 6                      Step ¼ turn back onto L foot (FACING 12:00), Step ¼ turn back onto R foot (FACING 3:00),  
7 & 8 &                      Turn 360`left (back over left shoulder) step L-R-L, Step R foot forward (FACING 3:00).

**REPEAT FROM THE BEGINNING UNTIL MUSIC ENDS, NO TAGS, NO ADD ON'S, NO RESTARTS,**

**ENJOY!**