

Pandemonium

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Gaye Teather (UK) - September 2008
音樂: Lay Your Love On Me - BWO : (CD: Pandemonium)



Intro: 32 count intro. Start to dance on vocals)

Dance rotates in CCW direction

Side. Hold. Half hinge turn Left. Hold. Half hinge turn Left rock. Cross shuffle

1 – 2 Step Left to Left side. Hold & clap
3 – 4 Half hinge turn Left stepping Right to Right side. Hold & clap
5 – 6 Half hinge turn Left rocking Left to Left side. Recover onto Right (12 o'clock)
7&8 Cross Left over Right. Step Right to Right. Cross Left over Right

Side. Behind. Chasse quarter turn Right. Step. Pivot half turn Left. Step. Hold & clap twice

1 – 2 Step Right to Right. Cross Left behind Right
3&4 Step Right to Right. Step Left beside Right. Quarter turn Right stepping forward on Right (3 o'clock)
5 – 6 Step forward on Left. Pivot half turn Right
7&8 Step forward on Left. Hold & clap twice (9 o'clock)

Kick ball step x 2. Sway x 4

1&2 Kick Right foot forward. Step Right beside Left. Step forward on Left (small step)
3&4 Kick Right foot forward. Step Right beside Left. Step forward on Left (small step)
5 – 8 Step Right to Right side swaying hips Right. Sway Left. Sway Right. Sway Left

Back. Hold x 3. Step. Lock. Step. Lock. Step

1 – 4 Long step back on Right leaving Left toes extended forward. Splay arms and hold for 3 counts

(or tap Left heel to floor 3 times whilst holding the position)

5 – 6 Step forward on Left. Lock Right behind Left
7&8 Step forward on Left. Lock Right behind Left. Step forward on Left

Step. Pivot half turn Left x 2. Side rock. Behind-side-cross

1 – 2 Step forward on Right. Pivot half turn Left
3 – 4 Step forward on Right. Pivot half turn Left (9 o'clock)
5 – 6 Rock Right to Right side. Recover onto Left
7&8 Cross Right behind Left. Step Left to Left. Cross Right over Left

Step. Pivot half turn Right x 2. Side rock. Behind-side-cross

1 – 2 Step forward on Left. Pivot half turn Right
3 – 4 Step forward on Left. Pivot half turn Right (9 o'clock)
5 – 6 Rock Left to Left side. Recover onto Right
7&8 Cross Left behind Right. Step Right to Right. Cross Left over Right

Side Right. Together. Shuffle forward. Stomp Left. Heel & toe swivels

1 – 2 Step Right to Right side. Step Left beside Right
3&4 Step forward on Right. Step Left beside Right. Step forward on Right
5 – 6 Stomp Left to Left side. (Feet shoulder width apart). Swivel Right heel in towards Left
7 - 8 Swivel Right toes in towards Left, Swivel Right heel in towards Left. (Feet now together transferring weight to Right)

*** Restart here during wall 1 (Facing 9 o'clock)**

Side Left. Together. Shuffle back. Stomp Right. Heel & toe swivels

- 1 – 2 Step Left to Left side. Step Right beside Left
- 3&4 Step back on Left. Step Right beside Left. Step back on Left
- 5 – 6 Stomp Right to Right side. (Feet shoulder width apart) Swivel Left heel in towards Right
- 7 - 8 Swivel Left toes in towards Right. Swivel Left heel in towards Right. (Feet now together with weight on Right).

Start again

Restart: Wall 1 only. Dance up to step 8 of section 7 then start again from beginning
