

Hooked

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Will Craig (USA) - September 2008
音樂: Off the Hillbilly Hook - Trailer Choir



(1-8) Tap, Tap, Sweep, Coaster Step, Triple Step X 2

- 1 & 2 Tap right foot forward, Tap right foot forward again, Sweep the right foot from in front to behind the left keeping the weight on the left
- 3 & 4 Step back right foot back, Step left foot next to right, Step right foot forward
- 5 & 6 Step left foot forward, Step right foot next to left, Step left foot forward
- 7 & 8 Step right foot forward, Step left foot next to right, Step right foot forward

(9-16) Tap Tap Sweep, Coaster Step, Rock Step, Triple 1/2 Turn Left

- 1 & 2 Tap left foot forward, Tap left foot forward again, Sweep the left foot from in front to behind the right keeping the weight on the right
- 3 & 4 Step back left foot back, Step right foot next to left, Step left foot forward
- 5 & 6 Rock forward on the right foot, Recover the weight back on the left
- 7 & 8 Step back on the right foot, 1/2 turn over left shoulder stepping left foot forward, Step forward on the right foot

(17-24) Heel Flicks With Triple Steps X 2

- 1 & 2 & Touch left heel forward, Flick left heel out to left side, Touch left heel forward, Flick left heel in across right leg
- 3 & 4 Step left foot forward, step right foot next to left, Step left foot forward
- 5 & 6 & Touch right heel forward, Flick right heel out to right side, Touch right heel forward, Flick right heel in across left leg
- 7 & 8 Step right foot forward, step left foot next to right, Step right foot forward

(25-32) Box Step, And Step Hold, With Hip Rolls

- 1 2 Cross left foot over right, Step back on the right foot
- 3 4 Step left foot to left side, Step Forward on the right &
- 5 6 Step left foot forward, Step right foot out to side, Hold for count six
- 7 8 Roll hips from left to right, Roll hips from left to right ending with weight on the left foot

TAGS: On the 1st, 3rd, and 5th walls

on the 1st and 3rd cross right over left and unwind full turn to the left for 4 counts

on the 5th walls cross right over left and unwind full turn to left for 6 counts HAVE FUN BEGIN AGAIN!!!!