

I Don't Want To Dance

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Holly Ruschman (USA) - September 2008
音樂: I Don't Feel Like Dancin' - Scissor Sisters : (CD: Ta Dah)



Hip Bumps 4 x, Walk Walk, ¼ Left Shuffle

1&2&3&4 Stepping forward on right foot, Bump Hips forward and back, end with hip forward
(For styling extend right arm forward making a fist as bump forward, fist into waist as bump back)
5-6 Walk back Left, Right
7&8 Turn ¼ Left, Shuffle forward Left, Right, Left

Mambo Basic, Mambo Cross, Leaning Ankles

1&2 Rock forward on Right, step in place on Left, step back on Right
3&4 Rock back on Left, step in place on Right, step forward on Left
5&6 Rock to Right, step in place on Left, cross Right over Left
7&8 Lean ankles Left, Right, Left (For styling put hands on upper thighs)

Rock and ½ Left Turn, Point, Point, Rolling Vine Full Turn, Side Shuffle

1&2 Rock forward on Right, ½ Left turn step on Left, step forward on Right
3-4 Touch Left toe to Left side 2 times
5-6 Step ¼ Left beginning full turn, step on Right,
7&8 Completing full turn with side shuffle, Left, Right, Left

Traveling Back, Toe Step, Forward Diagonal Triples

1-2 Point Right toe back diagonal right, step down on Right bending both knees
3-4 Point Left toe back, diagonal Left, step down on Left bending both knees
5&6 Step diagonally towards 1:00 & step Right foot forward, Left next to Right, Step Right foot forward
7&8 Step diagonally towards 11:00 & step Left foot forward, Right next to Left, Step Left foot forward

TAG: Tag to be added AFTER eleventh wall

Rocking Chair

1-4 Rock forward on Right, step Left in place, rock back on Right ,step Left in place
