

# Back and Blue

拍數: 32      牆數: 4      級數: Improver  
編舞者: Dougie D (UK) - September 2008  
音樂: He's Back and I'm Blue - Desert Rose Band



Intro: 16 Count intro, 96 B.P.M,

**Fwd rock, side rock on left, syncopated weave right.**

1-2            rock fwd on left, recover on right,  
3-4            rock out to left side, recover on right,  
5-6            cross right over left, step left to left side,  
7&8            cross left behind right, step right to right side, cross left over right,

**Make 1/4 turns left x2, cross rock right over left, chasse right.**

1-2            step fwd on right, pivot 1/4 turn left,  
3-4            repeat steps 1-2,  
5-6            cross rock right over left, recover on left,  
7&8            chasse right, stepping right, left, right,

**Cross left over right, 1/4 turn left on left, sweep right out and across left, step left to side, back rock, chasse right.**

1-2            cross left over right, sweep right out and around, with 1/4 pivot left on left,  
3-4            cross right over left (continuing sweep), step left to left side,  
5-6            rock back on right, recover on left,  
7&8            chasse right, stepping right, left, right,

**Cross left over right, sway back on right, shuffle fwd, cross right over left, sway back on left, shuffle fwd.**

1-2            cross left over right, sway back on to right foot,  
3&4            shuffle fwd, stepping left, right, left,  
5-6            cross right over left, sway back on to left foot,  
7&8            shuffle fwd, stepping right, left, right,

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