You're My History

拍數: 48 **牆數:** 4 **級數:** Intermediate
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音樂: Whole Lotta History - Girls Aloud

The music starts in ballad style for approx' 20 seconds, then beat kicks in, start dance then.

Step fwd on left, sweep right over left, step back on left, rock back on right, full turn left.

1-2	step fwd on left, sweep right across left,
3-4	step right across left, (continuation of sweep) step back on left,
5-6	rock back on right, recover on left,
7-8	step fwd on right, pivot 1/2 turn left, step back on left, pivot 1/2 turn left,

Half turn left, cross mambos (travelling fwd)x2, stepfwd, 1/2 turn left.

1-2	step fwd on right, pivot 1/2 turn left.
3&4	cross right over left, step left beside right, step right in place,(travelling fwd),
5&6	cross left over right, step right beside left, step left in place, (travelling fwd)
7-8	step fwd on right, pivot 1/2 turn left,

Shuffle fwd x2, syncopated weave left

1&2	shuffle fwd, stepping right, left, right,
3&4	shuffle fwd, stepping left, right, left,
5-6	cross right over left, step left to left side,
7&8	cross right behind left, step left to left side, cross right over left,

Rock left, recover on right, left behind right, step to right with 1/4 turn right, shuffle fwd, step1/2 turn.

1-2	rock left to left side, recover on right,
3-4	cross left behind right, step right to right side with 1/4 turn right,
5&6	shuffle fwd, stepping left, right, left,
7-8	step fwd on right, pivot 1/2 turn left,

Behind side cross, behind side with 1/4 turn right, step left beside right

1-2	rock right to right side, recover on left,
3&4	cross right behind left, step left to left side, cross right over left,
5-6	rock left to left side, recover on right,
7&8	cross left behind right, step right to right side with 1/4 turn right, step left beside right,

Sailor steps (travelling back) x2, step right to right side, pivot 1/4 turn left, back rock.

1&2	cross right behind left, step left beside right, step right in place, (travelling back)
3&4	cross left behind right, step right beside left, step left in place, (travelling back)
5-6	step right to right side, pivot 1/4 turn left,
7-8	rock back on left, recover on right,