

Monica

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 2
編舞者: Winnie Yu (CAN) - July 2008
音樂: Monica - Leslie Cheung

級數: Phrased Intermediate FUN Dance



A- 40 count B- 32 count C- 16 count

Sequence: A,B,A,B,A,C, A-32 ct (section 3:- 2 jazz box – No turns), A,B,A,B,A,C, B,B,B

Intro: 16 count

***This dance is dedicated to "Metro Toronto Line Dance Association"

PART A:-

ROLLING VINE RIGHT, CLAP, ROLLING VINE LEFT, CLAP

- 1-2 Step right 1/4 turn right. On ball of right make 1/2 turn right stepping back left
- 3-4 On ball of left make 1/4 turn right stepping right to right, touch left to left side & clap hands
- 5-6 Step left 1/4 turn left. On ball of left make 1/2 turn left stepping back right
- 7-8 On ball of right make 1/4 turn left stepping left to left, touch right to right side & clap hands

(STEP, TOUCH) X 4

- 1-2 Step forward on right (diagonally to R), touch left beside right
- 3-4 Step back on left (diagonally to left), touch right beside left
- 5-6 Step back on right (diagonally to right), touch left beside right
- 7-8 Step forward on left (diagonally to left), touch right beside left

(JAZZ BOX, ¼ TURN RIGHT) X 2

- 1-2 Cross right over left, step left back with ¼ turn right (3:00)
- 3-4 Step right to right side, step left next to right
- 5-6 Cross right over left, step left back with ¼ turn right (6:00)
- 7-8 Step right to right side, step left next to right

(OUT, OUT, IN, IN) X 2

- 1-2 Step forward right to right (R arm up), step forward left to left side (L arm up)
- 3-4 Step back on right (R arm in front of waist), step left next to right

(L arm on top of R arm)

- 5-6 Step forward right to right (R arm up), step forward left to left side (L arm up)
- 7-8 Step back on right (R arm in front of waist), step left next to right

(L arm on top of R arm)

Option: Look up while R & L arms up

(SIDE ROCK, RECOVER, CROSS) X 2, BACK, TOGETHER

- 1,2,3 Rock right to right side, recover onto left, cross step right over left
- 4,5,6 Rock left to left side, recover onto right, cross step left over right
- 7-8 Step back on right, step left next to right

PART B:-

(SIDE, TOUCH) x 4

- 1-2 Step right to right side, touch left with ¼ turn left (lean body to right & turn to 3:00)

Hand movement: Do karate chop with your right hand and left hand on left waist

- 3-4 Step left to left side, touch right with ½ turn right (lean body to left & turn to 9:00)

Hand movement: Do karate chop with your left hand and right hand on right waist

- 5-6 Step right to right side, touch left with ½ turn left (lean body to right & turn to 3:00)

Hand movement: Do karate chop with your right hand and left hand on left waist

- 7-8 Step left to left side, pivot ¼ turn right (12:00)

Hand movement: Do karate chop with your left hand (facing front wall) and right hand on right waist

HITCH, OUT, OUT, SHAKE HIPS

- 1&2 Hitch right foot, jump & step back on right and left
3 - 8& Shake hips – R & L & R & L & R & L & (weight on left)
Hand movement: Both hands look like holding & playing an electric guitar

(KICK, STEP FWD) X 4-- MOVING FORWARD

- 1-2 Kick right forward, step forward on right
3-4 Kick left forward, step forward on left
5-6 Kick right forward, step forward on right
7-8 Kick left forward, step forward on left

SIDE, POINT, SHAKE BODY

- 1- 4 Step right to right side (point R & L index fingers forward with attitude), hold 3 counts
5-8 Open both arms up while shaking body & look up (weight on left)

PART C:-

CONGA RIGHT AND LEFT

- 1-4 Make a ¼ turn right stepping forward R-L-R (9:00), pivot ½ turn left & touch left forward (3:00)
5-8 Step forward L-R-L, pivot ¼ turn right & touch right beside left

WALK FORWARD & BACK

- 1-4 Walk forward R-L-R, kick left forward
5-8 Walk back L-R-L, touch right beside left

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