

# All On My Lonesome

COPPERKNOB  
STEPSHEETS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Dougie D (UK) - September 2008  
音樂: On My Own - Reba McEntire : (CD: Starting Over)



## Start dancing on lyrics

### Rumba Box With Shuffles

1-2            Step left to side, step right beside left  
3&4           Shuffle forward, stepping left, right, left  
5-6           Step right to side, step left beside right  
7&8           Shuffle back, stepping right, left, right

### Step Left To Left, Right Behind Left, Step Left To Left With ¼ Turn Left And Shuffle Forward, Step Forward On Right, ½ Turn Left, Shuffle Forward

1-2            Step left to side, cross right behind left  
3&4           Step left to side with ¼ turn left, shuffle forward, stepping left, right, left  
5-6           Step forward on right, pivot ½ turn left  
7&8           Shuffle forward, stepping right, left, right

### Cross Rock Left Over Right, Short Vine Left, Side Rock On Left, Cross Shuffle To Right

1-2            Cross rock left over right, recover on right  
3-4           Step left to side, cross right over left  
5-6           Rock left out to left side, recover on right  
7&8           Cross shuffle right, stepping left, right, left

### Cross Right Over Left, Pivot ½ Left, Back Rock, Forward Mambo, Back Mambo

1-2            Cross right over left, pivot ½ turn left  
3-4           Rock left back, recover on right  
5&6           Step forward on left, step right in place, step left beside right  
7&8           Step right back, step left in place, step right beside left

### Side Rock To Left, Vine Right, Cross Rock

1-2            Rock left to side, recover on right  
3-4           Cross left over right, step right to side  
5-6           Cross left behind right, step right to side  
7-8           Cross rock left over right, recover on right

### Vine To Left, Rock To Left, Rock To Right

1-2            Step left to side, cross right over left  
3-4           Step left to side, cross right behind left  
5-6           Step left to side, cross right over left  
7-8           Rock left to side, rock right to side

## Repeat

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