Fed Up With



編舞者: Vera Fischer (AUT) - September 2008

音樂: Fed Up With ... - Manuel Ortega



Side, Drag, Chasse With 1/4 Turn Right, Step, 1/2 Turn Right, Sweep, Sailor Step

- 1 RF big step to right side 2 LF drag toe towards RF
- 3 LF closed by RF4 RF step to right sid
- 4 RF step to right side & LF closed by RF
- 5 RF 1/4 Turn to right, step forward (3:00)
- 6 LF step forward
- 7 LF 1/2 Turn to right, sweep RF behind LF (9:00)
- 8 RF cross behind LF & LF step side left
- 1 RF step forward

Step, Step, Lock, Lock Step, Rock Step, Back, Lock, Back

- 2 LF step forward 3 RF lock behind LF 4 LF step forward & RF lock behind LF 5 LF step forward
- 6 RF rock forward 7 LF recover
- 8 RF step back
- & LF cross over RF
- 1 RF step back

Drag, Back, Coaster Step, 2 Walks, Lock Step

- 2 LF drag back3 LF step back
- . El otop baok
- 4 RF step back
- & LF close by RF
- 5 RF step forward6 LF step forward
- o Ei Step forward
- 7 RF step forward
- 8 LF step forward& RF lock behind LF
- 1 LF step forward

Cross Rock, Sailor 1/2 Turn Right, Side Rock Together, Side, Together

- 2 RF cross over LF
- 3 LF recover
- 4 RF sweep behind LF, 1/2 Turn to right (3:00)
- & LF step side left
- 5 RF step side right
- 6 LF rock side left
- & RF recover
- 7 LF close by RF

- 8 & RF step side left
- LF close by RF

Start Over Again

Have fun and enjoy the dance!