

Sunny Day

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Dougie D (UK) - September 2008
音樂: Let The Sun Shine In - Milk & Sugar



Intro 40 Counts (start on chorus)

Or Music:

Shake your groove thing by Sister Sledge.

I like it like that by Santa Esmerelda.

Rock To Right Side, Recover On Left, Step Right Fwd, Tap Left Behind Right, Back Rock On Left, Shuffle Fwd

1-2 rock out to right side on right, recover on left, (use hips for styling),
3-4 step right in front of left, tap left behind right,
5-6 rock back on left, recover on right,
7&8 shuffle fwd, stepping left, right, left

Repeat Section One

1-8 repeat section one

Weave To Left, Two Cross Rocks.

1-2 cross right over left, step left to left side
3-4 cross right behind left, step left to left side
5-6 cross rock right over left, recover on left
7-8 cross rock right over left, recover on left

Turn 1/4 Right On Right, Shuffle Fwd X2, Shuffle Back X2.

1&2 step right to right side with 1/4 turn right, and shuffle fwd, stepping right, left, right
3&4 shuffle fwd, stepping left, right, left
5&6 shuffle back, stepping right, left, right
7&8 shuffle back, stepping left, right, left

Cross Steps To Left X2, Point Left Toe To Side, Cross Left Over Right, Pivot 1/4 Turn Right, Back Rock.

1-2 cross right over left, step left behind right,
3-4 cross right over left, point left toe to left side
5-6 cross left over right, pivot 1/4 turn right
7-8 rock back on right, recover on left

Shuffle 1/2 Turn, Back Rock, Shuffle 1/2 Turn Back Rock.

1&2 shuffle 1/2 turn left, stepping right, left, right,
3-4 rock back on left, recover on right
5&6 shuffle 1/2 turn right, stepping left, right, left,
7-8 rock back on right, recover on left

Steps To Right Side With Hip Movement X2, Steps To Left Side With Hip Movement X2.

1-2 step right to right side, step left beside right (use them hips!)
3-4 repeat steps 1-2
5-6 step left to left side, step right beside left (don't forget hips !)
7-8 repeat steps 5-6

Back Rock, Chasse In Place X2.

1-2 rock back on right, recover on left
3&4 chasse in place stepping right, left, right

5-6 rock back on left, recover on right
7&8 chasse in place, stepping left, right, left
