

Being Lonely

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Kim Ray (UK) - September 2008
音樂: Show Me the Meaning of Being Lonely - Backstreet Boys



Two restarts: during wall 2 (back) and wall 6 (front)

STEP FORWARD, SYCOPATED PIVOT ½ TURN, ½ TURN, SHUFFLE FORWARD, ROCK/RECOVER, SIDE ROCK/RECOVER

- 1 Step forward on right
- 2&3 Step forward on left, ½ pivot turn right, step forward on left
- 4 Keep feet where they are and ½ pivot turn right (weight on right)
- 5&6 Left shuffle forward
- 7& Rock forward on right, recover back on left
- 8& Side rock right, recover on left

SIDE STEP RIGHT, SAILOR ½ TURN LEFT, SIDE STEP RIGHT, ROCK BACK/RECOVER, SAILOR STEP FORWARD

- 1 Large side step right
- 2&3 Cross left behind right, ¼ turn left step right to right side, ¼ turn left cross left in front of right
- 4 Large side step right
- 5&6 Rock back on left, recover on right, side step left
- 7&8 Cross right behind left, step left to left side, step forward on right

½ PIVOT TURN, ¼ TURN & CROSS, SIDE STEP, BACK LOCK STEP, COASTER STEP

- 1 Keep feet where they are and ½ pivot turn left (weight on left)
- 2&3 ½ turn left stepping back on right, ¼ turn left stepping left to left side, cross right over left
- 4 Side step left & face right diagonal
- 5&6 Facing right diagonal step back on right, cross left over right, step back on right
- 7&8 Straightening up: Step back on left, step back on right next to left, step forward on left

BALL STEP FORWARD, SHUFFLE FORWARD, PIVOT ½ TURN, STEP FORWARD, FULL TURN, ¼ TURN SIDE ROCK/RECOVER

- &1 Step right next to left, step forward on left
- 2&3 Right shuffle forward
- 4-5 Step forward on left, ½ pivot turn right
- 6 Step forward on left
- 7& ½ turn left stepping back on right, ½ turn left stepping forward on left
- 8& ¼ turn left and side rock right, recover on left

CROSS STEP, COASTER STEP, SHUFFLE FORWARD, ½ PIVOT, STEP FORWARD

- 1 Cross right over left
- 2&3 Step back on left, step back right next to left, step forward on left
- 4&5 Right shuffle forward
- 6-7 Step forward on left, ½ pivot turn right,
- 8 Step forward on left ** Restart here during wall 2 facing back & wall 6 facing front

CROSS ROCK/RECOVER X 2 & STEP FORWARD, ½ TURN RIGHT, COASTER STEP/STEP

- 1-2& Cross rock right over left, recover back on left, step right next to left
- 3-4& Cross rock left over right, recover back on right, step left next to right
- 5-6 Step forward on right, ½ turn right stepping back on left
- 7&8& Step back on right, step left next to right, step forward on right, step left next to right

