

When I Grow Up

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - September 2008
音樂: When I Grow Up - The Pussycat Dolls



Starts: 32 Counts

Walk, Walk, Walk, Sailor 1/2, Step, 1/2, Sailor 1/4 Cross.

- 1-3 Walk forward Left-Right-Left.
4&5 Make 1/4 turn to Right stepping Right behind Left, 1/4 turn Right stepping Left next to Right, step forward on Right.
6-7 Step forward on Left, make 1/2 turn to Left stepping back on Right.
8&1 Make 1/4 turn to Left stepping Left behind Right, step Right next to Left, cross Left over Right.

Slow Unwind 1/2 Turn, Sailor 1/2, Rock, Recover, Lock Step Back.

- 2-3 Unwind 1/2 to Right over 2 counts finishing with weight on Left.
4&5 Sweep Right out & step behind Left making 1/4 turn Right, 1/4 turn Right stepping Left next to Right, step forward on Right.
6-7 Rock forward on Left, recover on Right.
8&1 Step back on Left, lock Right over Left, step back on Left.

Turn 1/2, 1/4, Right Shuffle, Step, 1/4, Cross Shuffle.

- 2-3 Make 1/2 turn to Right stepping forward on Right, 1/4 turn Right stepping Left to Left side.
4&5 Step forward on Right, step Left next to Right, step forward on Right.
6-7 Step forward on Left, pivot 1/4 turn to Right. (weight Right)
8&1 Cross step Left over Right, step Right to Right side, cross step Left over Right.

Turn 1/4, 1/4, Rock & Side, Cross, 1/4, 1/2 Shuffle.

- 2-3 Make 1/4 turn to Left stepping back on Right, 1/4 turn Left stepping Left to Left side.
4&5 Cross rock Right over Left, recover on Left, step Right to Right side.
6-7 Cross step Left over Right, make 1/4 turn to Left stepping back on Right.
8&1 Make 1/4 turn to Left stepping Left to Left side, 1/4 turn Left stepping Right next to Left, step forward on Left. **R**

Out, Out, Right Heel, Left Heel, Hold, Both Heels, Step.

- 2-3 Step forward & out on Right, step forward & out on Left. (Feet shoulder width, toes pointing out..ish)
&4 Lift Right heel as Right knee pops slightly out, replace Right heel.
&5-6 Lift Left heel as Left knee pops slightly out, replace Left heel, Hold.
&7-8 Lift both heels as both knees pop out, replace both heels, step Right next to Left

Step, 1/2 Pivot, Step, Kick & Step, Slide, 1/2 Turn, Hitch.

- 1-3 Step forward on Left, pivot 1/2 turn to Right, step forward on Left.
4&5 Kick Right forward, step Right next to Left, step forward on Left.
6-8 Slide Right foot back (weight Left.. dipping slightly), pivot 1/2 turn to Right (weight on Left.. knee bent) Hitch Right forward. (leaning slightly back)

Step, Rock & Side, Rock & 1/4, Step, Full Turn.

- 1 Step forward on Right.
2&3 Cross rock Left over Right, recover on Right, step Left to Left side.
4&5 Cross rock Right over Left, recover on Left, make 1/4 turn to Right stepping forward on Right.

6-9 Step forward on Left, pivot 1/2 turn to Right, make 1/2 turn to Right stepping Left next to Right.

Make 1/2 Monterey, Rock & Cross, 1/4, 1/2, Ball Step, Step.

1-2 Point Right to Right side, make 1/2 turn to Right stepping Right next to Left.

3&4 Rock to Left side on Left, recover on Right, cross step Left over Right.

5-6 Make 1/4 turn to Left stepping back on Right, 1/2 turn to Left stepping forward on Left.

&7-8 Step Right next to Left, step forward on Left, step forward on Right.

****R** Restart: Wall 5**

Dance Up To & Including Counts 8& In Section 4 (32&) Then Restart Dance From Beginning (1)
